



PAKISTAN ISLAMIC MEDICAL ASSOCIATION (SINDH)



Indeed, Good Deeds Do Away With Misdeeds

# 15th Biennial PIMA Sindh Convention

ISRA University Hospital, Hyderabad  
22nd & 23rd March 2017

**CME Accredited by PIMA**



#### FOR INFORMATION AND REGISTRATION

Main Office: Asim Clinic & Medical Centre Main Road, Qasimabad Hyderabad.

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## CONFERENCE COMMITTEES

### Chairman

Prof. Dr. Feroz Memon

### Secretary

Dr. Asim Niaz

### Organizing Committee

Dr. Adbullah Khilji

Dr. Abdul Aziz Memon

Dr. Ahmed Mujtaba

Dr. Kashif Shazli

Dr. Akhtar Shah

Dr. Fasih Ahmed Hashmi

### Senior Advisory Committee

Prof. Ghulam Qadir Qazi

Prof. A. G Kazi

Dr. A. Rahim Memon

Prof. Allah Bachayo Memon

Prof. Aslam Memon

Prof. Syed Shahid Noor

Prof. Jan M. Memon

Prof. Rafi Ghouri

Prof. A. Wasay Shakir

Prof. Aalm Ibrahim Siddiqui

Dr. Fazal Ur Rehman

Dr. Zwar Ul Imam

Prof. Sohail Akhtar

Prof. Bekha Raam

Dr. Niaz Aamir

### Scientific Committee

Prof. Salma Sheikh

Dr. Ahmer Hamid

Dr. Adnan Bawani

### Finance Committee

Dr. A. Majeed Memon

Dr. Salman Ghouri

Dr. A. Rasheed Wahab Memon

Dr. Aziz Ur Rehman

### Exhibition & AV. Committee

Dr. Anwar Ul Haq

Dr. Noor Ullah

### Venue Committee

Dr. Aamir Memon

Dr. Arif Sikandari

Dr. Musharraf

### Registration Committee

Dr. M. Hashim

Dr. Sheeraz

Dr. G. Hussain Baloch

### Accommodation & Transport Committee

Dr. Aziz Gaddi Pathan

Dr. Hanif Shakarbar

Dr. Basheer Memon

### Reception Committee

Dr. Aziz Khan

Dr. Shabbir Mangi

Dr. M. Ilyas Soomro

Dr. Abdul Hafeez Sheikh

### Food Committee

Dr. Tariq Sikandari

Dr. Amjad Rajper

Dr. Waqar Shah

### Kit & Souvenir Committee

Dr. Saad Jilani

Dr. Shafqat Rajpter

Dr. Aitezaz

### Media & Publicity Committee

Dr. Anwar Ul Haq

Dr. Sarfaraz Mughal

### Female Committee

Prof. Rafia Baloch

Dr. Rubina Salman

## MESSAGE FROM PIMA PRESIDENT

DR. Abdullah Khilji  
PRESIDENT, PIMA SINDH

It is a matter of great pleasure for all of us that PIMA Sindh is going to organize a conference by name of 15th Biennial PIMA Sindh Convention 2017.

The PIMA objective of is not only to provide cure for the medical ailments but also to strive against evil and moral degradations in the society, which are rather more harmful diseases for the nation collectively.

The conference has a lot to offer to the doctors from almost all fields. The conference will be designed to highlight the modern scientific development, social requirements of the nation, discussions, workshop and scientific session on the common topics in medical fields like cardiology, diabetics, pediatrics, neurology, psychiatry, orthopedics, child and women health and others which a family physician face day in and day out in his/her professionals life. However in the expanding field of medicine and genetics, ethical issues are fastly coming forth. Scholarly talk on these and other religious matters would be of great interest to everyone.

All in all we are sure this conference shall be a memorable one we urge you to contribute whole heartedly for its success. We will try our level best to make this two days event attractive and fruitful. We welcome you to this great event in Sindh.

## DAY-1

DAY 1 (WEDNESDAY) 22nd March 2017

### PRE CONFERENCE WORKSHOPS

**WORKSHOP-1: 10:00 am - 12:00 pm | How to perform a basic research?**

**Facilitators:** Dr. Muhammad Asif (PhD) Pakistan Medical Research organization PMRO | **Venue:** ISRA University

**WORKSHOP-2: 10:00 am - 12:00 pm | A WS on stress management in Health care providers**

**Facilitators:** Mr. Muhammad Furqan, EnE Experts | **Venue:** ISRA University

**WORKSHOP-3: 10:00 am - 12:00 pm | A WS on Communication skills**

**Facilitators:** Dr. Azra Jameel | **Venue:** ISRA University

**WORKSHOP-4: 10:00 am - 12:00 pm | A WS on Trauma Management**

**Chairpersons:** Prof. Shahid Noor, LNH, Karachi | **Chairperson:** Prof. Gulzar Saeed LUMHS

**Moderator:** Dr. Siraj Ahmed, LUMS | **Venue:** ISRA University

Time	Topic	Speaker
10:00 - 10:20 am	Prehospital Trauma care	Dr. Nasir Ahmed LNH, Karachi
10:00 - 10:40 am	Open Fractures Management	Dr. Shahid Khan, IUH
10:40 - 11:00 am	Pelvic Injuries	Dr. Intikhab Tofeeq, LNH, Karachi
11:00 - 11:20 am	Head Injuries: Evaluation and Management	Dr. Abdul Munam, IUH

### Q & A and Panel Discussions

**12:00 - 12:30 pm | Inaugration of Exhibition**

**12:30 - 01:30 pm | Lunch and Prayers**



## CAREER GUIDANCE SEMINAR

Wednesday 22nd March 2017 - 01:45 - 05:00 pm | ISRA University Hospital, Hyderabad

**Chairpersons:** Prof. Salma Shaikh, Dean Faculty of Medicine, Head Dept. of Paediatric, LUMS, Prof. Aneela Attaur Rehman, Pro VC, LUMS, Dr. Fasih Hashmi, Assistant Prof. Cardiology LUMS,  
**Chief Guest:** Dr. Abdul Malik, President PIMA Pakistan  
**Guest of Honour:** Dr. Abdul Ghani Qazi, Medical Director, ISRA University Hospital, Hyderabad  
**Moderator:** Dr. Zeeshan Hussain

Time	Topic	Speaker
01:00 - 01:45	Registration (Namaz-e-Zuhar at 01:10 pm)	
01:45 - 01:50	Tilawat-e-Quran	
01:50 - 02:00	Welcome Address	PIMA President
02:00 - 02:15	How to Plan Your Career	Dr. Kashif Shazli Consultant Radiologist
02:15 - 02:40	Career Opportunities in Pakistan	Dr. Saad Jilani Consultant Radiologist
02:40 - 03:10	Current Scenario in UK Live Video Recorded Lecture	Dr. Ehtashaam UK
03:10 - 03:40	Miscellaneous Opportunities including UAE / AMC / KSA etc.	Dr. Muneer Sadiq - Consultant Rheumatologist
03:40 - 04:40	USMILE & Current Scenario in USA	Dr. Atif Mansha - Consultant Radio - Oncologist
04:40 - 05:00	Q & A Session and Closing Remarks	
05:00	Tea	

## 06:00 - 08:00 pm | Inaugral Session

**Chief Guest:** Prof. Ghulam Qadir Qazi, VC ISRA University Hyderabad | **Guest of Honour:** Prof. Jan M. Memon, Indus Medical College, Tando Muhammad Khan | **Moderator:** Dr. Abdul Rasheed Wahab Memon

Time	Topic	Speaker
06:00 - 06:05	Tilawat and Translation	Dr. Zaheer Umer
06:05 - 06:10	Naat e Rasool	Dr. Aurangzaib Rehber
06:10 - 06:20	Welcome Address	Prof. Feroz Memon
06:20 - 06:30	PIMA Introduction	Dr. Khubaib Shahid GS PIMA centre
06:30 - 07:00	Thematic Talk <span>﴿الله أكبر﴾</span>	Dr. Meraj Ul Huda Siddiqui
07:00 - 07:10	Election Procedure announcement	Dr. Tabussum Jafri
07:10 - 07:20	Chief Guest address	VC ISRA University Hyderabad
07:20 - 07:25	Vote of Thanks	Dr. Asim Channa
07:25 - 08:00	Dinner	

## DAY-2

## DAY 2 (THURSDAY) 23rd March 2017

09:00 - 09:30 am | Dars e Quran | Mr. Muhammad Usman

09:30 - 11:30 am | Parallel Scientific Sessions | Venue: ISRA University

### SCIENTIFIC SESSION-1: PULMONOLOGY

**Chairpersons:** Prof. Suhail Akhter, TIH, Prof. Rashid Khan, LUMS, Prof. Muzaffar Shaikh

**Moderator:** Dr. Adnan Bawani, IUH

Time	Topic	Speaker
09:30 - 09:55	Tuberculosis management in 2017	Prof. Nisar Rao DUHS
09:55 - 10:20	Decision making in Community Acquired Pneumonia	Prof. Rashid Khan LUMS
10:20 - 10:45	Childhood asthma: what every doctor needs to know?	Prof. Ghulam Murtaza, Prof. of Pediatrics, Dow University of health sciences, Karachi
10:45 - 11:10	Basics of respiratory failure and noninvasive ventilation	Dr. Saima Jatoy, ISRA University
11:10 - 11:30	Q & A and Panel Discussions	

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## SCIENTIFIC SESSION-2: CARDIOVASCULAR DISORDERS

**Chairpersons:** Prof. Feroz Memon, Dr. Fazal ur Rehman, Dr. Abdul Ghaffar Memon

**Moderator:** Dr. Fakhruddin Shaikh, LUMS

Time	Topic	Speaker
09:30 - 09:55	Who should be treated with Statins?	Prof. Feroz Memon ISRA University Hyderabad
09:55 - 10:20	When to admit a patient with Acute chest pain?	Dr. Jawed Sial, NICVD Karachi
10:20 - 10:45	Managing Hypertensive Crises, case based approach	Dr. Fawad Farooq, NICVD Karachi
10:45 - 11:10	Managing Hypertensive Crises, case based approach	Dr. Faisal Qadir, NICVD Karachi
11:10 - 11:30	Q & A and Panel Discussions	

## SCIENTIFIC SESSION-3: INFECTIOUS DISEASES

Collaboration with Infectious Diseases Society of Pakistan (IDSP)

**Chairperson:** Prof. Ali Akbar Sial, Head Dept. of Paediatric PUMH, Nawabshah

**Moderator:** Dr. Abdul Rashid Memon, Jacobabad

Time	Topic	Speaker
09:30 - 10:00	Antibiotic stewardship: Common Pediatric Infections	Dr. Sarwat Ansari, Senior Instructor AKMCC, Hyderabad
10:00 - 10:30	Infection Control: How Important is This?	Dr. Sonia Quraishi, Paediatric ID Fellow AKU
10:30 - 11:00	Management of Neonatal Infections	Dr. Heeramani Lohana, Assistant Prof. AKMCC, Hyderabad
11:00 - 11:30	Q & A and Panel Discussions	

## SCIENTIFIC SESSION-4: WOMEN HEALTH

**Chairpersons:** Prof. Rafia Balouch, Head Deptt. of OBGY CMC, Larkana, Prof. Aftab Munir, Prof. Pushpa Sarichand

**Co-Chair:** Dr. Shabnum Naz Shaikh, Asst. Prof. CMC Larkana | **Moderator:** Dr. Syeda Banafsha

Time	Topic	Speaker
09:30 - 09:50	Social Health in Young adolescents and current Challenges	Prof. Amtullah Zareen, President PIMA Women wing, Allied Hospital Faisalabad
09:50 - 10:10	Kangaroo care model of mothercare	Dr. Shabnum Naz Shaikh, Asst. Prof. CMC Larkana
10:10 - 10:30	Cognitive and intellectual effects of Anemia	Dr Sajida, Prof. OGFY, LUMHS, Hyderabad
10:50 - 11:10	Urinary incontinence in Peri menopausal women: How it can be resolved	Dr Rahil Sikander, Prof of OBGY, LUMHS, Hyderabad
11:10 - 11:30	Q & A and Panel Discussions	



## SCIENTIFIC SESSION-5: NEUROLOGY

**Chairperson:** Prof. Alam Ibrahim, SMBBMU, Larkana | **Moderator:** Dr. Abdul Malik, Karachi  
**Co-Chair:** Dr. Manzoor Lakhair, LUMS

Time	Topic	Speaker
09:30 - 09:55	Dementia- Diagnosis & Treatment: What's New?	Prof. Muhammad Wasay, AKU, Karachi
09:55 - 10:20	Primary Prevention of Stroke- What Keeps in Mind as Family Physician?	Prof. Alam Ibrahim
10:20 - 10:45	Red Flags in Headaches - Special Issues in Management	Dr. Lal Chand Dhingra, Sukkur
10:45 - 11:10	Cases - Stroke & Headache	Dr. Abdul Malik, Karachi
11:10 - 11:30	Q & A and Panel Discussions	

## SCIENTIFIC SESSION-6: RADIOLOGY

**Chairperson:** Dr. Azeemuddin, AKU, Karachi | **Moderator:** Dr. Farhan, ZMU, Karachi

Time	Topic	Speaker
09:30 - 09:55	Radiology in Acute Aabdomen	Dr. Saif, Consultant ZMU, Karachi
09:55 - 10:20	Emergenct CT Head	Dr. Saad Jilani, ZMU, Karachi
10:20 - 10:45	Xray Chest: Day to Day practice	Dr. Adnan Ahmed LUMS
10:45 - 11:10	Radiological imaging: What and when to order?	Dr. Kashif Shazli Head radiology ZMU
11:10 - 11:30	Q & A and Panel Discussions	

11:30 - 11:45 am | Tea Break



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## 11:45 - 01:00 pm | Plenary Talks | Venue: Isra University

Time	Topic	Speaker
11:45 - 12:10	Minimizing Error in Medical Practice	Dr. Zakiuddin Ahmed RIPHA University Islamabad
12:10 - 12:35	رزق بینجمنٹ	Muhammad Furqan, EnE Experts
12:35 - 01:00	۲۳ مارچ نظریہ پاکستان اہمیت اور ہمارا کردار	Dr. Hafeez Ur Rehman Prof. of Ophthalmology, PMC, Peshawar, Ex-President PIMA Pakistan

## 01:00 - 02:00 pm | PIMA Sindh Buisness Meeting and Concluding session

Moderator	Dr. Ahmed Mujtaba, GS PIMA Hyderabad
PIMA Sindh Report	Dr. Abdullah Khilji, President PIMA Sindh
Election Results Announcement	Dr. Tabassum Jafri, Election commisioner
Oath taking ceremony President and Shura	
Address of newly elected President PIMA sindh	
Concluding Remarks/Vote of thanks	Dr. Aziz Ur Rehman, PIMA Hyderabad

## 3:00 pm | Lunch, Prayer & End of Convention







Pakistan Islamic Medical  
Association (Karachi)

## MISSION STATEMENT

*“To seek the pleasure of Almighty Allah, through character building and service to mankind.”*

## PIMA AIMS AND OBJECTIVES

- *To motivate doctors to follow the basic tenants of Islam and to organize doctors, agreed to the goal of this organization, on one platform.*
- *To organize ideological, ethical and professional training of doctors affiliated with this organization.*
- *To provide medical help to those in dire need, in disasters or in less privileged areas.*
- *To use the contact with patients and fellow doctors for promulgation of Islam.*
- *To help align the National Health Policy and medical education according to the principles of Islam.*
- *To align the professional medical associations on right and constructive lines and to strive for the solution of problems of health care professionals.*

## JOIN PIMA

*And Strengthen The Medical Fraternity of Muslim Ummah.*

[www.pima.org.pk](http://www.pima.org.pk)

Join us on facebook: [www.facebook.com/pimakarachi](https://www.facebook.com/pimakarachi)



## REGISTRATION FEE

Career Guidance Seminar

**500** PKR

PGs/HO/RMOs

**1000** PKR

Consultants/GP's

**2000** PKR

## REGISTRATION FORM

Date: \_\_\_\_\_ Reg.# \_\_\_\_\_

Name: (Block Letter) \_\_\_\_\_

Institution: \_\_\_\_\_ Speciality: \_\_\_\_\_

Mailing Add: \_\_\_\_\_

Phone Res: \_\_\_\_\_ Phone Clinic : \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Contact Persons:

**Shikarpur:** Dr. Azhar Ali Soomro | **03003428026**

**Larkana:** Dr. Nisar Ahmed Shaikh | **03333652365**

**Nawabshah:** Dr. Ghulam Qadir Rajput | **03337012551**

**Matli:** Dr. Abdul Malik | **03322646517**

**Jhudo:** Dr. Shamshad Ali Khan | **03332596302**

**Hyderabad:** Dr. Aziz-ur-Rehman | **0333 2702501**

**Karachi:** Dr. Saad Jilani | **0334-3449236**

**Sukkur:** Dr Majeed memon | **0333 7132101**

**Jacobabad:** Dr. Abdul Rasheed Memon | **0310 9666777**



## CME Accredited by PIMA

Date: \_\_\_\_\_ Reg.# \_\_\_\_\_

Name: (Block Letter) \_\_\_\_\_

Institution: \_\_\_\_\_ Speciality: \_\_\_\_\_

Mailing Add: \_\_\_\_\_

Phone Res: \_\_\_\_\_ Phone Clinic : \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

PMDC No: \_\_\_\_\_ CNIC: \_\_\_\_\_