



PAKISTAN ISLAMIC MEDICAL
ASSOCIATION (KARACHI)

ادْفَعُ بِالَّتِي هِيَ أَحْسَنُ

تم بدي کو اُس نیکی سے دفع کرو جو بہترین ہو۔ (القرآن)

Karachi CON'16

26-27 NOV, 2016 - SATURDAY & SUNDAY
PEARL CONTINENTAL HOTEL, KARACHI

Accredited for PMDC Approved 05 CME Hours

FOR INFORMATION AND REGISTRATION

PIMA House 201, 2nd Floor PECHS Community Hall, Shahrah-e-Quaideen Karachi.

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Karachi CON'16

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CONFERENCE COMMITTEES

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Chairman: Prof. Dr. M. Iqbal Afridi | **Secretary:** Prof. Dr. Sohail Akhtar

DAY 1 (SATURDAY) 26th NOVEMBER 2016

DAY-1

SESSION-1: INAUGURAL SESSION: DEDICATED TO ABDUL SATTAR EDHI | 09:30 AM - 12:00 PM

Chief Guests: Mohtarma Bilquees Edhi / Janab Faisal Edhi

Guests of Honor: Prof. Adib-ul-Hasan Rizvi / Prof. Abdul Gaffar Billoo

Time	Topic	Speaker
09:30 - 09:40 am	Tilawat & Translation	Mr. Noman Shah
09:40 - 09:50 am	Naat e Rasool ﷺ	Mr. Noman Shah
09:50 - 10:00 am	Welcome Address	Prof. Dr. M. Iqbal Afridi
10:00 - 10:15 am	PIMA Introduction	Prof. Dr. Sohail Akhtar
10:15 - 10:20 am	Program Outline	Dr. M. Azeemuddin



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Time	Topic	Speaker
THEMATIC TALKS		
10:20 - 11:00 am	ادفعُ بِالتِّي هِيَ أَحْسَنُ	Dr. M. Amjad Saqib - (Akhawat)
11:00 - 11:30 pm	Social Responsibility, Islam and Doctors	Prof. Dr. Hafeez ur Rahman - (PMC)
11:30 - 12:00 pm	Chief Guest / Guest of Honor Address	
INAUGURATION OF SCIENTIFIC EXHIBITION - 12:00 pm		
12:00 - 12:30 pm	BREAK - LUNCH	
01:10 pm	Namaz-e-Zuhar	

SESSION-2: SCIENTIFIC SESSION - A: PARALLEL WORKSHOPS | 02:00 PM - 04:00 PM

WORKSHOP-1: ASTHMA

Chairperson: **Dr. Mosavir Ansari** | Moderator: **Prof. Sohail Akhter** - (ZMUH)

WORKSHOP-2: BREAST IMAGING

Chairperson: **Prof. Shaista Khan** - (AKUH) | Moderator: **Dr. Shazia Naz** - (AKH)

WORKSHOP-3: PREVENTION OF STRESS AND BURN OUT AMONG HEALTH CARE PROVIDERS

Chairperson: **Prof. Dr. M. Iqbal Afridi** - (JPMC) | Moderator: **Dr. Shifa Naeem** - (JPMC)

WORKSHOP-4: COMMUNICATION SKILLS

Chairperson: **Prof. Amtullah Zareen** - (Jinnah Hospital, Lahore) | Moderator: **Dr. Azra Jameel** - (AKH)

SCIENTIFIC SESSION - A: PARALLEL SCIENTIFIC SESSIONS | 02:00 PM - 04:00 PM

SCIENTIFIC SESSION-1: DIABETES MELLITUS

Chairperson: **Prof. Muhammad Masroor** - (DIMC) | Moderator: **Dr. Atiya Sabeen Rehman** - (KMDC)

Time	Topic	Speaker
02:00 - 02:20 pm	Introduction and global perspective of Diabetes	Prof. Qaiser Jamal - (KMDC)
02:20 - 02:40 pm	Potential new ways to prevent cell Death in type 2, DM:Update in management	Prof. Tahir Hussain - (BMU)
02:40 - 03:00 pm	Diabetic foot; Complication, Prevention and Management	Prof. Yakoob Ahmadani - (BIDE)
03:00 - 03:20 pm	Diabetes in pregnancy: Does it differ from one women to the other?	Prof. Rubina Tahir - (KMDC)
03:20 - 03:40 pm	Stress and Diabetes	Prof. M. Iqbal Afridi - (JPMC)

Q & A

Closing Remarks By Chairperson

DAY-1

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CAREER GUIDANCE SEMINAR

26 November 2016 - 02:00 - 04:30 pm

Chief Guest: **Dr. Abdul Malik** - President, PIMA Pakistan

Time	Topic
01:00 - 01:45 pm	Registration (Namaz-e-Zuhar at 01:10 pm)
02:00 - 02:05 pm	Recitation of The Holy Quran
02:05 - 02:15 pm	Introduction to PIMA Dr. Atif Hafeez Siddiqui , President, PIMA Karachi
02:15 - 02:30 pm	How to Plan Your Career? Dr. M. Kashif Shazlee , Head of Department, Radiology, ZMUH Karachi

SESSION - PLAB

Session Chair: **Dr. Jamil Ahmed**, Prof. and Head of Department, Medicine, BMU Karachi

02:30 - 02:45 pm	PLAB: Pros and Cons of going UK & Ireland Assistant Professor, Medicine, BMUH Karachi
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SESSION - PHARMACEUTICAL SECTOR

Session Chair: **Mr. Jamshed Ahmed**, COO PharmEvo Pakistan

02:45 - 03:00 pm	Pharmaceutical Sector - Horizon for Young Leaders Dr. Imran Hamid , Head of Medical Oncology, Novartis Pharma, Pakistan
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SESSION - MISCELLANEOUS - SAUDIA/UAE/AUSTRALIA

Session Chair: **Dr. Jawaid Mallick**, Associate Professor, Head of Radiation Oncology, ZMUH Karachi

03:00 - 03:20 pm	Miscellaneous Session - Opportunities in Middle East/Australia/Canada Dr. Muneer Sadiq , Consultant Internal, Medicine, ZMUH Karachi
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SESSION - OPPORTUNITIES IN PAKISTAN

Session Chair: **Prof. Khalid Ashrafi**, Treasurer, CPSP

03:20 - 03:45 pm	Career Opportunities in Pakistan Dr. M. Saad Jilani , Assistant Professor, Radiology, ZMUH
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SESSION - USMLE

Session Chair: **Prof. M. Wasay Shakir**, Director Research, AKUH, Karachi

03:45 - 04:10 pm	USMLE: Residency Opportunities & Exam Processes Dr. Atif Mansha , M.D (USA)
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04:10 - 04:30 pm	Interactive Q & A Session
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04:30 pm	Hi-Tea & Namaz-e-Asar
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DAY-1



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SESSION-3:

PLENARY SESSION | 04:30 PM - 5:30 PM

DEDICATED TO Late DR. AFTAB AHMED QAZI, EX - PRESIDENT DMCSU, 1973

Topic: Emergency Medicine

Chief Guest: Dr. Muhammad Usman Chachar (Secretary Health, Sindh)

Moderator: Dr. Abdus Salam Khan, (Shifa-Isb)

Time	Topic	Speaker
04:30 - 04:50 pm	Changing the Paradigm of Pediatric emergency care in Pakistan	Dr. Naseeruddin Mahmood - (AKUH)
04:50 - 05:10 pm	Emergency Medicine: A right or privilege	Dr. Abdus Salam Khan - (Shifa-Isb)
05:10 - 05:30 pm	Panel Discussion	Panelist: Dr. Seemi Jamali (JPMC), Dr. Abdul Salam , Prof. Fazal Hameed Khan (AKUH) Dr. Naseeruddin Mahmood (AKUH)

DAY 2 (SUNDAY) 27th NOVEMBER 2016

SESSION-4: SCIENTIFIC SESSION - B: PARALLEL SCIENTIFIC SESSIONS | 09:00 AM - 10:30 AM

SCIENTIFIC SESSION-2: GI AND LIVER DISEASES

Chairperson: Prof. Jamil Ahmed - (BMU) | **Moderator: Dr. Saad Khalid Niaz**

Time	Topic	Speaker
09:00 - 09:20 am	Hepatitis C management in 2016: By Hepatologist or General Practitioners	Prof. Zaigham Abbas - (SIUT)
09:20 - 09:40 am	Management of Acid Peptic disease and Helicobacter Pylori infection	Prof. Badar Fayyaz Zuberi - (CHK)
09:40 - 10:00 am	Interpretation of Liver function tests....	Dr. Abdullah Bin Khalid - (DUHS)
10:00 - 10:20 am	Role of Endoscopy in Pancreaticobiliary disorders	Dr. Saad Khalid Niaz

Q & A

DAY-2

SCIENTIFIC SESSION-3: WOMEN HEALTH

Chairperson: Prof. Ayesha Khan - (Chk & Duhs) | **Moderator: Dr. Sarah Feeroz** - (SGH)

Time	Topic	Speaker
09:00-09:20 am	Anxiety and depression in adolescents	Dr. Samia Shuja - (Indus Hospital)
09:20-09:40 am	Nutritional requirements for under 5 year old	Dr. Samina Shamim - (LNH)
09:40-10:00 am	Common Management of Infertility	Dr. Shaheen Zafar - (SIRM)
10:00-10:20 am	Changes in social norms and current challenges	Dr. Aziza Anjum - (General Physician)

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SCIENTIFIC SESSION-4: NEUROLOGY

Chairpersons: **Dr. Nadir Ali Syed** - (South City), **Dr. Arif Hereker** - (BMU) | Moderator: **Dr. Abdul Malik** - (Darul Sehat)

Time	Topic	Speaker
09:00 - 09:25 am	Epilepsy - Diagnosis & Treatment: What's New?	Dr. Mughis Sheerani - (SIUT)
09:25 - 09:50 am	Stroke Management - What to Keep in Mind as a Family Physician?	Prof. Mohammad Wasay - (AKUH)
09:50 - 10:15 am	Headaches in Women & Children - Special Issues in Management	Dr. Sadaf Nasir - (JPMC)
10:15 - 10:20 am	Q & A and Conclusion by chairs	

SCIENTIFIC SESSION-5: RADIOLOGY

Chairperson: **Prof. Shabbir Ahmed Naeem** (SIUT) | Moderator: **Dr. Saad Jilani** (ZMUH)

Time	Topic	Speaker
09:00 - 09:20 am	Imaging in Stroke	Dr. Shumaila Arooj - (JPMC)
09:20 - 09:40 am	Radiological Approach to Acute Abdomen	Dr. Bushra Rehan - (LNH)
09:40 - 10:00 am	Cyber Knife; Indications and limitations	Dr. Naveed Ahmed - (JPMC)
10:00 - 10:20 am	Interventional Radiology; what should a physician know?	Dr. Muhammad Azeemuddin - (AKUH)

SCIENTIFIC SESSION-6: COMMON PROBLEMS IN EAR, NOSE AND THROAT (ENT)

Chairpersons: **Prof. M. Umar Farooq** - (DUHS & CHK), **Prof. Syed Iqbal Hussain** - (DUHS & CHK)

Moderator: **Prof. Shuja Farrukh** - (DUHS & CHK)

Time	Topic	Speaker
09:00 - 09:25 am	Oral cancers: An expanding Threat	Prof. M. Umar Farooq - (DUHS & CHK)
09:25 - 09:50 am	Nasal Allergy and it's impacts on day to day life	Prof. Sameer Qureshi - (JPMC)
09:50 - 10:15 am	Upper respiratory tract infections and their implications on Ears	Dr. Anjum Naveed - (Indus Hospital)

DAY-2

SCIENTIFIC SESSION - B: PARALLEL WORKSHOP | 09:00 AM - 10:30 AM

WORKSHOP-5: OPHTHALMOLOGY; WET LAB

Chairperson: **Dr. Misbah Ul Aziz** - (Hashmani Hosp.)

Moderators: **Dr. Shayan Shadmani** - (South City), **Dr. Zakiuddin Sabri** - (POB Hosp.)

Hands-on Phacosurgery Workshop on Models

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SESSION-5:

DAWATI SESSION DEDICATED TO
SHUHADA-E- MUHIBBAAN PAKISTAN OF BANGLADESH | 10:45 AM - 11:15 AM

Time	Topic	Speaker
10:45 - 11:15 am	Shahadat-e-Haq	Mr. Shahid Hashmi - (IRA)
11:15 - 11:30 am	BREAK - TEA	

SESSION-6:

PLENARY SESSION: DEDICATED TO
PROF. SHAMSUDDIN RAHIMTOOLA | 11:30 AM - 01:00 PM

Time	Topic	Speaker
11:30 - 12:00 pm	Preventive Medicine ; Sunnah and Science	Dr. Ata-ur-Rehman - (Al-Hajri Hosp.)
12:00 - 12:30 pm	Patient Safety - Right or a Privilege?	Dr. Zakiuddin Ahmed - (PharmEvo)
12:30 - 01:00 pm	Free Healthcare Model: Is this possible in Pakistan?	Prof. Abdul Bari Khan - (Indus Hosp.)
01:00 - 02:00 pm	BREAK - LUNCH & PRAYER	

SESSION-7: SCIENTIFIC SESSION - C: PARALLEL SCIENTIFIC SESSIONS | 02:00 PM - 03:30 PM

SCIENTIFIC SESSION-7: ORTHOPEDICS/RHEUMATOLOGY

Chairperson: Prof. Anis Bhatti - (JPMC) | Moderator: Prof. Shahid Noor - (LNH)

Time	Topic	Speaker
02:00 - 02:15 pm	Common new born orthopaedic problems	Prof. M. Amin Chinoy (Indus Hospital)
02:15 - 02:30 pm	Diabetic foot - assessment and management	Prof. Ghulam Mehboob (Sir Syed MC)
02:30-02:45 pm	Poly trauma patient - importance of trauma institute	Dr. Khan Shah Azam - (TO Clinic)
02:45-03:00 pm	Osteoporosis diagnosis - assessment and management	Prof. Asif Qureshi - (ASH)
03:00-03:15 pm	Common shoulder problems - assessment and management	Prof. Syed Kamran Ahmed (Indus Hospital)

Q & A

Closing Remarks By Chairperson

DAY-2

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SCIENTIFIC SESSION-8: PSYCHIATRY/MENTAL HEALTH

Chairperson: **Prof. Raza-Ur-Rahman** - (DUHS) | Moderator: **Dr. Jawed Dars** - (JPMC / JSMU)

Time	Topic	Speaker
02:00 - 02:25 pm	Anxiety Disorders	Prof. Moin Ansari - (LUMHS)
02:25 - 02:50 pm	Management of Depression	Prof. Inam Rasool - (BMU)
02:50 - 03:15 pm	Medically Unexplained Symptoms	Prof. M. Iqbal Afridi - (JPMC / JSMU)
03:15 - 03:25 pm	Q & A	
03:25 - 03:30 pm	Closing Remarks By Chairpersons	

SCIENTIFIC SESSION-9: PEDIATRICS: NATIONAL GUIDELINES FOR MANAGEMENT OF COUGH IN CHILDREN

Chairperson: **Prof. S.M. Inkisar Ali** - (JMDC) | Moderator: **Dr. Azher Chagtai** - (AKH)

Time	Topic	Speaker
02:00 - 02:15 pm	Why Cough guidelines are needed?	Prof. Fehmina Arif - (DUHS & CHK)
02:15 - 02:30 pm	Acute Cough- Approach to Diagnosis	Prof. Sultan Mustafa - (ASH & KMDC)
02:30 - 02:45 pm	Guidelines for Chronic Cough	Prof. Khalid Ahmed - (NICH)
02:45 - 03:00 pm	Managing Acute Cough	Prof. Jalal Akber - (BMU)
03:00 - 03:15 pm	Q & A	
	Closing Remarks By Chairperson	

SCIENTIFIC SESSION-10: INFECTIOUS DISEASES

Chairperson: **Dr. Naseem Salahuddin** - (Indus Hospital)

Moderator: **Dr. Altaf Ahmed** - (Indus Hospital)

Time	Topic	Speaker
02:00 - 02:20pm	Antibiotic Stewardship	Dr. Altaf Ahmed - (Indus Hospital)
02:20 - 02:40 pm	Case Presentations (Tuberculosis)	Dr. Altaf Ahmed - (Indus Hospital) Dr. Samreen Sarfraz - (Indus Hospital)
02:40 - 03:00 pm	Update to the diagnostic approach of TB	Prof. Rumina Hasan - (AKUH)
03:00 - 03:20pm	Multidrug resistance TB	Dr. Naseem Salahuddin (Indus Hospital)
03:20 - 03:30 pm	Q & A	

DAY-2



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SCIENTIFIC SESSION-11: COMMON SURGICAL PROBLEMS

Chairperson: **Prof. Rizwan Azmi** - (AKUH) | Moderator: **Prof. Abdullah Mutaqqi** - (JMDC)

Time	Topic	Speaker
02:00 - 02:20pm	Approach to an enlarged thyroid	Prof. Hussain Mehdi - (JMDC)
02:20 - 02:40 pm	Cleft lip & palate and its management	Dr. Tahir M. Shaikh - (ZMU)
02:40 - 03:00 pm	Common Anorectal Problems	Dr. Abid Jamal - (CFH)
03:00 - 03:20pm	Surgical approaches to common gall bladder and hernial disorders	Dr. Hasnain Zafar - (AKU)
03:20 - 03:30 pm	Q & A	
Closing Remarks By Chairpersons		

SCIENTIFIC SESSION-12: CARDIO-METABOLIC DISORDERS

Chairperson: **Prof. Salimullah** - (ASH & KMDC) | Moderator: **Dr. Rehan Ahmed** - (CHK)

Time	Topic	Speaker
02:00 - 02:45 pm	A case based approach to Diagnosis and management of Heart failure	Dr. Fawad Farooq - (NICVD)
02:45 - 03:30 pm	Relationship between Diabetes and Cardiovascular Disorders	Dr. Zahid Myan - (BIDE)

BREAK FOR TEA & NAMAZ-E-ASAR | 03:45 - 04:15 pm

SESSION-8: PLENARY SESSION: PANEL DISCUSSION | 04:30 PM - 05:30 PM

Moderator: **Dr. Shamvil Ashraf** - (CCH & Indus)

Time	Topic	Speaker
04:30 - 05:00 pm	End of Life Care	Dr. Haroon Hafeez - SKMCH
05:00 - 05:10 pm	Care of a dying Person: An Islamic Perspective	Dr. Ata-ur-Rehman , Ex President PIMA Pakistan
05:10 - 05:30 pm	Panel Discussion	Dr. Shamvil Ashraf - (Indus CCH), Dr. Haroon Hafeez , Dr. Ata-ur-Rehman , Dr. Najib Naimatullah - (SIUT)

DAY-2

CONCLUDING CEREMONY

NAMAZ-E-MAGHRIB | 06:00 pm

OUR PARTNERS



CHUGHATALAI
ONE NATION - ONE LAW

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**Pakistan Islamic Medical
Association (Karachi)**

MISSION STATEMENT

*“To seek the pleasure of Almighty Allah,
through character building and service to mankind.”*

JOIN PIMA
*And Strengthen The Medical Fraternity of
Muslim Ummah.*

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PIMA AIMS AND OBJECTIVES

- To motivate doctors to follow the basic tenants of Islam and to organize doctors, agreed to the goal of this organization, on one platform.
- To organize ideological, ethical and professional training of doctors affiliated with this organization.
- To provide medical help to those in dire need, in disasters or in less privileged areas.
- To use the contact with patients and fellow doctors for promulgation of Islam.
- To help align the National Health Policy and medical education according to the principles of Islam.
- To align the professional medical associations on right and constructive lines and to strive for the solution of problems of health care professionals.





REGISTRATION FEE

Career Guidance Seminar

500 PKR

PGs/HO/RMOs

1000 PKR

Consultants/GPs

2000 PKR

LAST DATE FOR REGISTRATION IS 20th NOVEMBER 2016
AFTER 20th OF NOVEMBER ADDITIONAL RS. 500 WILL BE CHARGED

REGISTRATION FORM

Date: _____ Reg.# _____

Name: (Block Letter) _____

Institution: _____ Speciality: _____

Mailing Add: _____

Phone Res: _____ Phone Clinic : _____

Cell Phone: _____ E-mail: _____

Contact Person: **Dr. Rao M. Naem** | **Mr. Hamid Hussain** | **Mr. M. Faheem**
0321-3897308 0324-2880510 0335-2984061

Accredited for 05 CME Hours

Date: _____ Reg.# _____

Name: (Block Letter) _____

Institution: _____ Speciality: _____

Mailing Add: _____

Phone Res: _____ Phone Clinic : _____

Cell Phone: _____ E-mail: _____

PMDC No: _____ CNIC: _____