



Pakistan Islamic  
Medical Association

# PIMA NEWS

December 2015

We seek the pleasure of Almighty Allah through character building & service to mankind

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We are pleased to announce that the 24th Biennial Central Convention of Pakistan Islamic Medical Association (PIMA) will be held on April 2-3, 2016, in Peshawar with two-day pre convention workshops.

PIMA will bring together the most influential intellectual leaders, top scholars, health experts, current topics, latest research, best practical applications, and more. We look forward to welcome you and your participation in this landmark event!

Preparations for the convention are on the way. Eight organizing committees have been established to make this event successful.

The theme of the convention is **يَا أَيُّهَا الَّذِينَ آمَنُوا آمِنُوا** and renowned scholar, past president of Federation of Islamic Medical Associations (FIMA) Prof Dr Aly Mishal from Jordan is specially invited for thematic talk.

A full day pre convention activity on Islamic Hospital Consortium (IHC) will be conducted by expert international delegates including Prof Dr Ishaque Masood (Malaysia) and Dr Musa Nordin (Indonesia).

Five other pre convention scientific workshops on various interesting and diverse areas of medical profession will be arranged. All of these will have PMDC accredited CME hours.

Parallel scientific sessions in the main convention program with lectures on medicine and allied and surgery and allied will be arranged. These will also have PMDC accredited CME hours but will have no additional registration fee.

Session entitled, "Our Beloved Prophet" will have presentations by Prof Habib ur Rehman Asim, Hafiz Muhammad Idrees and Dr Abdul Malik Badri on "تہذیبِ انسانی" respectively. Scientific exhibition is also a part of the convention.

Election process for PIMA central president and executive council is also an integral part of the biennial convention. PIMA members from all over the country will use their right to vote according to the constitution of PIMA. Special programs for female doctors and medical students are also planned.

PIMA invites all medical professionals across the country to attend this mega convention. It will be a great privilege for PIMA to host doctors in the biennial international convention 2016, with their full participation.

يَا أَيُّهَا الَّذِينَ آمَنُوا آمِنُوا

24<sup>th</sup> Biennial  
Central Convention

Pakistan Islamic Medical Association

## PIMA Flood Relief

PIMA started its relief and health activities in flood affected areas of Chitral immediately after the disaster on 19 July. These areas include Murkhaw, Golan, and Mustuje. PIMA doctors outreached those hilly areas which were hidden from the other relief agencies. They checked up the injured and wounded patients and gave them first aid. They also provided medicines and referred the serious patients to the nearby possible hospitals.

Soon after the emergency and relief services, PIMA started medical camps in the above mentioned areas, under the supervision of Dr Yahya Khan (President PIMA Chital).



During the 1st phase, from 24 July to 4 August, 9 PIMA doctors served in 7 worst hit UCs and examined 2,034 Patients.

In the second phase from 8 September, PIMA Chitral started serving the flood affectees through mobile Health camp without leave even on Sunday.

This camp is going on till now and extended for earthquake affectees after 28 October.

Till now, more than 2116 patients have been provided medical treatment in 9 different places of Chitral.

On the other hand, PIMA also distributed hygiene & Nutrition kits among the flood affectees in KPK. A team of PIMA KPK officials visited Budhani, Peshawar and provided these kits to the 200 affected families. These kits are including the daily use items i.e. Toilet Soap, Toilet Roll, Tooth Brush, Tooth Paste, Comb, Nail Clipper, Water, Dates / Gram, and, Mineral Water. The PIMA team included Dr Saeed Anwar, Dr Muhammad Sharif and Dr Ihsanul Haq.

In Punjab, PIMA doctors have rendered their services

for flood affectees in Districts Rajanpur and Sadiqabad. Two free camps were arranged very after the flood and more than 656 patients were examined and provided free medicines worth Rs: 65,600. At Rukanpur, Sadiqabad, the camp was supervised by Dr Saleem Kamboh and Dr Jam Akbar. Five doctors and 5 paramedical staff participated in the camps. Total 400 patients were examined here and provided free medicines. Another camp was held at Hajipur, Rajanpur. Here 256 patients were examined and 36 blood tests were also done. Two more camps were planned on Friday and Sunday at Sadiqabad.

Later on, medical facilities were provided to flood affectees in district Rajanpur through mobile camp from 26 July to 10 August.

3-days free eye camp in flood affected area of Koh e Suleman Range (D.G.Khan) held from 18 to 20 August by PIMA D.G Khan with collaboration of Eye department of Ghazi Khan Medical College. 833 patients were examined in OPD and 145 IOLS were implanted free in cataract patients.

PIMA Dera Ghazi Khan provided medical relief with Alkhidmat in flood affected areas of District Rajan Pur since 26th July to 18 August.

The detail of flood relief is as following;

	Camps	Doctors	Patients	Medicine
Khairpur, 4 August	1	1	130	11,000
Sadiqabad, 27 July & 2 August	2	8/8	480	-
Rahim Yar Khan, 8 Aug	3	11/8	1,364	60,200
Rajanpur, from 26 July to 18 Aug	17	17/34	3,863	250,000
Chitral, from 24 July to 4 Aug	10	9	2,034	-
Chitral, from 8 Sep to 22 Nov	1	1	2,116	-
Peshawar	1	-	321	-

- 580 hygiene kits distributed in Peshawar
- Provision of food to 2000 displaced affectees in Sadiqabad
- Meal provided to 230 families in Khairpur



## PIMA Response for Earthquake Relief

PIMA has initiated Medical Relief work and planning from day one for the recent earthquake victims. Focal persons were appointed in affected areas for needs assessment, and medical support.

Liaison with other relief agencies and government and NDMA were made for the relief activities. In Peshawar, Temargara (lower Dir), Swat, Buner and other areas, PIMA members helped out casualties, attended sick persons and performed surgeries in collaboration with local government facilities.

In Peshawar, PIMA KPK chalked out its plan by appointing focal persons for relief work and their linkage with provincial and central PIMA was established. Dr. Asghar (Lower Dir), Dr. Munirul Haq (upper Dir), Dr. Anwar Jamal (Swat) and Dr. Rahmatullah Upal (Shangla) were appointed as focal persons.

It was also agreed to continue the flood relief camps established in Mulkhov Chitral for another month at least.

## PIMA Relief Programs

**Faisalabad:**

PIMA – Alkhidmat free diabetes, gynae, & medical camp was organized on 20 September at Jhumra, Distt Faisalabad. More than 125 patients were examined on this occasion and provided free medicine to them. Five doctors and 12 paramedics/volunteers participated.

**Sadiqabad:**

Central General Secretary of PIMA Dr Abdul Aziz Memon visited PIMA Diabetic Clinics at Sadiqabad on 21 July. Two clinics in different UC's of Sadiqabad were established last year. More than 100 patients are getting free oral medicines and Insulin regularly.

He appreciated the local PIMA team efforts for good record keeping & financially maintaining locally and

suggested capacity building of doctors and paramedic staff.

**Baluchistan:**

PIMA Baluchistan arranged one day medical camp in Distt Zhob, on 13 September. Doctors of different specialties including Cardiology, Nephrology, General Medicine, Pediatrics and Orthopedics participated led by Dr Mujeebullah Tareen. Total 150 patients were examined and free medicine provided.



## PIMA Diagnostic Centre Multan

Free Hepatitis and blood sugar test camps

Date	Place	Pts.	Hep. B	Hep. C	Sugar Tests
1 June	Qasim Bela	118	6	24	118
15 June	Shershah	158	15	31	158
26 August	Shuja Abad	146	9	53	146
8 Sep	AKDC	166	4	29	166
11 Sep	Karoor Pacca	191	10	39	191
7 October	Ghanta Ghar	100	4	4	100
11 October	Jihanian	144	3	22	144
21 October	Shuja Abad	178	10	93	178
<b>Total</b>		<b>1201</b>	<b>61</b>	<b>295</b>	<b>1201</b>



## In memory of Prof N.A. Jafarey



Prof. Naeem Aon Jafarey was an icon in the field of Medicine in Pakistan. We feel Pakistan has suffered a huge loss with the demise of Prof. Jafarey and the only way to reduce this loss is for a number of professionals to continue with his wisdom and vision and develop more institutes and experts to carry on the work which he did for over half a century.

He had been teacher of hundreds of health care professionals in Pathology as well as Medical Education and was considered a legend in this country in these fields. Among his major emphasis were to design the medical curriculum to meet the need of the common man by giving due weight age to the common ailments, by increasing focus on developing good general practitioners, which he stressed are the backbone of the health care system, and community based education.

May Allah SWT grant him the best reward for his selfless work to improve the health care system in Pakistan (Ameen).

**PROF NAEEM JAFAREY: A profile**  
Prof. Naeem Aon Jafarey graduated from King Edward Medical College Lahore in 1955 and completed house job at Mayo Hospital Lahore. After a brief involvement in a research project, he moved to the US and worked at New York's State University's Kings County Hospital between 1959 and 1963. After obtaining the certification of The American Board of Pathology, he returned to Pakistan.

In 1964 he joined the department of Pathology of Jinnah Postgraduate Medical Centre (JPMC) Karachi from where he retired in 1989 as Professor of Pathology. He was also one of the founding members of the Basic Medical Sciences Institute of the JPMC.

Prof Jafarey's main contribution and identification was in the field of Medical Education. In 1974 when WHO initiated its programme in Medical Education and Teacher Training in Pakistan, he was selected as a member of the team of National Facilitators and

then as a group of Fellows of the CPSP which set up the National Teacher Training Centre at the College in 1978. After retirement from JPMC, he became involved in medical education on a full time basis.

He was the founding Vice Chancellor of Ziauddin University Karachi since 1995 and retired in 2003, after which he continued as the Advisor for Academic Affairs to the university.

Prof Jafarey had over 130 publications and had contributed chapters to 2 books. His major research work had been on Carcinoma of the Oral Cavity.





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## Visits of Central & Provincial Presidents

### Prof Sohail Akhtar visits

Central PIMA President Prof Sohail Akhtar visited Bhimber on 8 August. He delivered lecture on medical ethics to a gathering of 32 doctors. Later he visited Mirpur and addressed about 30 doctors on "Duties of Muslim Physician". PIMA AJK president and G.S also accompanied him during the visit.



### Dr Tariq Ismail visits

Faisalabad:

President PIMA Punjab Dr Tariq Ismail visited Jaranwala and More Khunda on 13 September accompanied with President PIMA Faisalabad Division. In organizational meeting, planning was made regarding CME program and Fahmul Quran. They also participated in POB free eye camp, arranged at Hameeda Yousaf Trust Hospital.



Mianwali:

President PIMA Punjab Dr Tariq Ismail visited Mianwali District on 30 August, accompanied by Provincial Secretary and President Sargodha Division. They participated in a Tanzimi meeting, planning done regarding monthly Dars e Quran on city basis. A CME program and Six Medical camps with collaboration of Alkhidmat for flood affected areas during that week were finalized.

Norowal:

PIMA Punjab president Dr Tariq Ismail accompanied with GS visited District Narowal on 5 August. They

upcoming flood relief, Dars e Quran, CME program and membership was made.

### Dr Abdullah Khilji visits:

President PIMA Sindh Dr Abdullah Khilji conducted two days organizational visit on 17 Oct & 18 Oct of 6 PIMA units. During the visit, 3 new PIMA units were established in Nawabshah, Naushehro Feroze, Mehrabpur and new presidents were appointed. At Nawabshah, 29 doctors attended the meeting and Dr. Ghulam Qadir Rajpoot was appointed as president for one year. At Naushehro Feroze, 07 doctors attended the meeting and Dr. Basheer Ahmed Memon was appointed as president. At Mehrabpur, 03 doctors attended the meeting and Dr. Abdul Fatah Memon was appointed as president. Dr Abdullah Khilji presided all the meetings and distributed PIMA introduction in urdu & sindhi and few books including Islami tibi akhlakiat, Quran par amal & quran se taaluq among the doctors.

On second day, Dr Abdullah khilji visited Mirpur Khas, Tando Allahyar and Matli where he presided the members meetings and discussed on regular workers meeting, Dawah o Tarbiyah & CME programs, regular Ayanat system, central Tarbiati Nishist at Sukkur and upcoming central convention at Peshawar.

On this occasion, SOPs of CMEs and registration form of central convention were also provided to unit president.



conducted a meeting at DHQ hospital Norowal in which MS DHQ also participated. Dr Naveed Aslam Dermatologist was nominated as Distt president. Planning regarding



## PIMA Organizational meetings

### Central Working Committee:

PIMA central working committee held on 9th August at central office, Islamabad. Review, decisions taken on relief, CME, convention, Endowment Fund and office affairs, Central PIMA President Prof Sohail Akhtar presided the meeting.

Quetta: Monthly PIMA Quetta meeting was held on 4 September in Cardiology Department Bolan Medical College, Quetta. Dars e Quran was delivered by Dr Abdul Wadood.

### Sindh Executive Council meeting

PIMA Sindh Executive Council meeting held at Sukkur on 24 October. central PIMA president Prof Sohail Akhtar also participated and briefed about the upcoming central convention, which is going to be held at Peshawar in April 2016.

Islamabad: Members meeting of PIMA Islamabad held in Shifa International Hospital on 1st November. Family picnic and publication of general health awareness on common diseases decided. Plan was also made to arrange CME and Tarbia programs in December and January. Dr Saeedullah Shah, president PIMA Islamabad presided the meeting. 10 doctors participated.

Khairpur: Members meeting of PIMA Khairpur held on 18th September. Central General Secretary Dr Abdul Aziz Memon was the chief guest. At this occasion, Dr Zaffar Jatoi Cardiologist has been elected as president for the remaining session.

## PIMA Dawah & Tarbia activities

Rawalpindi: 2-day training workshop by PIMA centre held at Islamic International Medical College, Rawalpindi on 23-24 October. PIMA office bearers from Punjab, KPK and AJK participated in large number.



Keynote speakers included Hafiz Muhammad Idrees (director IMI), Prof Muhammad Tariq, Dr Fazl e Azeem, Khalil ur Rehman Chishti, Prof Habin ur Rehman Asim, Dr Abdul Aziz Zia, Prof Sohail Hassan and Prof Tahir Hakeem.

A panel discussion and group discussion was also part of the workshop. The program was moderated by Dr Tahir Chaudhry.



Sukkur: One-day PIMA Training Workshop held at Sukkur on 23 October. Central and provincial executive council members, unit presidents from Sindh and Balochistan attended the workshop.

Prof Sohail Akhtar (central PIMA president),

Dr Merajul Huda Siddiqi,

Dr Shamsul Arfeen, Dr Kashif Shazli,

Dr Zaheer Umar, Dr Hashim Qureshi,

Dr Orangzeb and Mr Attiq ur Rehman addressed on different topics.

Faisalabad: PIMA Faisalabad Division arranged a Fehmul Quran Program on Hajj Philosophy at Jhang on 13 September. Gohar Siddiqi, Prof Khbaib Shahid And Dr Atta Ullah Hameed presented their speeches



while 25 doctors attended the program.

## Disaster Medical Specialist

### Overview:

Disaster medicine is a fairly new specialty for doctors who want to be “first on the scene” of an emergency that involves mass injury or illness. Physicians who specialize in disaster medicine also help hospitals and government agencies design effective disaster response and recovery plans. The practice of disaster medicine focuses on three phases of response:

- Pre-disaster planning
- Patient triage at the disaster site
- Transport and care of the victims

A natural disaster, like a hurricane or earthquake, or a man-made emergency, such as a train derailment or a terrorist attack, can involve hundreds or even thousands of victims.

Disaster medical specialists aim to minimize casualties from these incidents by reaching the site as quickly as possible, evaluating and stabilizing the victims, and evacuating them to health care facilities. They are trained to provide care “in the field” and to manage teams of health care professionals, first responders and volunteers.

Disaster medical specialists work in various clinical jobs when they are not deployed as part of a disaster response team. Such jobs can include primary care clinics and offices, emergency departments, specialty clinics, etc. The bottom line is that disaster medical specialists can come from any medical or surgical specialty provided they have the additional training that enables them to function in austere conditions under incredible pressure.

### Working Conditions

Disaster medicine is, by definition, a high stress specialty. You never know when you will be sent to a scene or what to expect when you get there.

Some disasters, such as a building collapse, are “one time events.” The disaster medical team arrives after the catastrophe and deals with those who have been injured. Other situations, like an earthquake with aftershocks, can be ongoing. This increases the number of casualties, and puts the disaster medical team in danger, as well.

Disaster medicine isn’t clean and antiseptic. The pressure is intense. You have to be comfortable getting your hands dirty and making life-or-death decisions on the spot.

If the recovery work lasts several days, you may have to work long hours, catching sleep when you can on a cot or even the ground. When disaster strikes, most people feel helpless and wish they could “do something.” Disaster medical specialists are the ones who save lives when the unthinkable happens.

### Salary Range & Outlook

Most disaster medical specialists currently volunteer their time when disaster strikes. They earn their salaries by working a “regular job” as a physician, which pays \$150,000 to \$300,000.

Government agencies are increasingly focusing on disaster preparedness, particularly in the case of terrorist attack. Disaster medical specialists will be sought for salaried positions as program advisors and administrators, as well as first responders.

### Academic Requirements

Disaster medicine is a newly recognized medical specialty, so there are not many programs focused specifically on training for this field. You must first complete college and medical school, then a residency in a medical or surgical specialty to become a medical doctor.

A specialized training and certification program in disaster medicine supplements your regular clinical training as a physician. Disaster Medical Specialist training can take various forms including classroom work, field training, military training and actual





disaster deployments (i.e. "on the job training," such as deployments in the National Disaster Medical System).

A board certification in Disaster Medicine is available through the American Board of Disaster Medicine.

Disaster medical specialists become experts in the rapid medical assessment of disaster victims based on the nature of the disaster. Crush victims require very different care than victims of a biological attack. You will also learn how to manage resources, coordinate care and communicate with the response team.

Experience, of course, is the best teacher. Disaster medical specialists are always needed, but not always paid. Volunteering as part of a disaster response team is the best way to practice and improve your skills.

Note: David G.C. McCann, M.D., FAASFP, Chairman, American Board of Disaster Medicine, Tampa, FL, reviewed and approved by this career profile.

Source

[http://explorehealthcareers.org/en/Career/164/Disaster\\_Medical\\_Specialist](http://explorehealthcareers.org/en/Career/164/Disaster_Medical_Specialist)

## Other Activities

### Protest at Karachi

PIMA has joined hands with other health professional bodies in Karachi against the shameful and horrible incidence of children molestation at Qasur on 13 August.

PIMA members along a large number of doctors participated to show the world that we care for our children and their rights.

## PIMA AJK activities

- Weekly Tarbia program regularly held in 5 units.
- Thirteen study circle programs held at different places during last 6 months.
- Three clinical meetings arranged, one mental health awareness walk and symposium.
- Two free medical camps arranged and 400 patients examined by 4/6 doctors.
- Ten Ramzan programs organized and attended by large number of medical professionals. Programs included 4 Istaqbal e Ramzan, 5 Iftar dinners and 1 Shab bedari.

## PIMA Faisalabad activities

Monthly Dars-e-Quran: PIMA Faisalabad arranges Dars-e-Quran on 1st Friday of every month (except in Ramadan) from Asr to Maghrib regularly. Following programmes were held in last six months at DHQ Hospital Faisalabad Masjid.

5th June 2015: Topic: 'Istaqbal-e-Ramadan'.

Speaker: Muhammad bin Ashraf.

7th August 2015: 'Islam & Secularism'.

Speaker: Dr. Abdus Sami.

4th September 2015: 'Qissa-e-Moosa aur Firaun main poshida Hikmatain'.

Speaker: Hafiz Ahmad Tabassum.

2nd October 2015: 'Khatima bil Iman'.

Speaker: Hafiz Bilal.

6th November 2015: 'Amanat aur Khayanat'.

Speaker: Prof. Mahboob-uz-Zaman Butt.

Ramadan Programs:

(Shab Bedaris): At DHQ Hospital Faisalabad Masjid at 11pm.

20th June 2015: 'Quran Informations & Quiz'.

Coordinator: Dr. Abdu Hafeez Siddiqui.

27th June 2015: 'Tazkia-e-Nafs'.

Speaker: Muhammad bin Ashraf.

4th July 2015: 'Zuban aur Nazar ki Aaftain'.

Speaker: Prof. Najeebullah Tariq.



## PIMA CME Programs

### Faisalabad:

A CME program was arranged by PIMA Faisalabad on 22nd September. Dr Abdul Hafeez Kardar, Urologist and ex PIMA Punjab President was the guest speaker. A total of 42 doctors attended this program.

### Daska:

A workshop on Insulin was organized on 22 September for 3 contact hours CME by PIMA Daska in HFC. In spite of heavy rain 24 doctors and one lady doctor participated. It was clinically interactive and interesting session. Dr Khawar Qureshi told the audience about the early Insulinization and Insulin intensification.

### Sargodha:

A PMDC accredited CME / CDE workshop on "certification of Injuries" and "diagnosis of backache" for GPs, MOs and specialists was arranged by PIMA Sargodha on Sunday 20 September. More than 158 doctors participated.

### Mianwali:

A PMDC accredited 3 contact hours CME workshop was held by PIMA Mianwali in DHDC hall on 11 September. The speakers urge the doctors to keep in mind the Islamic medical ethics while practicing. A total of 94 doctors attended the program. Prof Dr Muhammad Nawaz, Associate Prof Ophthalmology PMC Faisalabad and Dr Sher Gull Khan, Dist. Surgeon DHQ Hospital Mianwali were among the guest speakers.

### Sargodha:

A PMDC accredited CME workshop on "Legal Aspects of Medical Practice" by Prof Ahmad Saeed (HOD Forensic Medicine PMC) was held on 23 August in Grace Multipurpose Complex, Faisalabad



Road, Sargodha. GPs and specialists attended the workshop in large number. Dr Muhammad Imtiaz, Dr Nadeem Yaqoob, Dr Nadir, Dr M Nawaz Malik and Dr Hamid Sial were the organizers.

### Sialkot:

PIMA Sialkot arranged a CME program of one credit hour on 7 August. Dr Col Sultan (director Sultan Lab Sialkot) and Dr Khawar Qureshi (Director Diabetes Institute Sialkot) addressed on Plateletes and Thrombolytic Therapy. About 30 doctors participated.

### Multan:

A 6-hour CME session was arranged by PIMA Multan on 18 November at Alkhidmat Diagnostic Centre, Kalma Chowk. 130 GPs, HOs and specialists attended the program.

Dr Saeed Rabbani, Senior Consultant Surgeon and Dr. Manzar Ali, Assistant Prof. MM&DC Multan gave their talks on Management of Trauma and Laparoscopic Cholecystectomy respectively.

Dars e Quran delivered by Dr. Safdar Iqbal. Prof Dr. Wajid Hussain Barki briefed the audience about the PMDC Guidelines for CME. Past PIMA President Dr Wali Muhammad Mujahid and President PIMA Multan Dr. Ahmad Khalil also addressed at this occasion.



## Doctors Issues

Pakistan Islamic Medical Association (PIMA) strongly condemned the use of state force, torture and arrests of doctors and paramedical staff in Peshawar and Islamabad. The association demanded the government and protesting doctors to end the crisis by negotiation.

President PIMA Punjab Dr Tariq Ismail and President PIMA KPK Prof Muhammad Subhan said in a statement that Khyber Teaching Hospital Peshawar must provide the house job facility to all graduates of Khyber Medical College by observing the rules and regulations of the institution. Health risk allowance for the federal hospital employees was approved by the previous government in accordance to the world health organization rules. It was difficult to understand why the government had withdrawn the facility without any reason.

We do not favor increase in miseries of patients but stand firmly with the doctors' community asking for their rights and condemn the insult of the cream of society.

"The government should accept doctors' demands,

### PM&DC elections

Medical Association (PIMA) urges all doctors to vote, in the forthcoming PMDC elections, for a council comprising of honest, capable and dedicated members that could amicably run the affairs of this august institution.

We advise our members to elect the best candidates on merit, without prejudice of language, region or political affiliation for the benefit of our community and the country.

release those arrested and penalize those involved in torturing the protesting doctors. The doctors should return to work while keeping their pressure intact. Intensification of forceful means, including treating arrested doctors as criminals and barring family members and colleagues from meeting them, will obviously add-on to doctors' anger and will not solve the issue' they said.

PIMA KPK strongly condemned the sad incident of LRH, Peshawar and demanded immediate action against the culprits. Measures must be taken by the government to ensure the safety of the doctors. PIMA KPK and whole doctors community is standing with doctors of LRH.

## Congratulations



Dr Shahid Dayal Ophthalmologist & Dr Abdul Sattar Pathologist have been promoted as associate Professors at Khawaja Safdar Medical College Sialkot.

Dr Intzar Hussain Butt has been promoted as professor at Khawaja Safdar Medical College Sialkot.

Dr Ahmad Khalil Khan, President PIMA Multan cleared his FCPS, Orthopedics.

We congratulated all these and wish best of luck for future.

## Sad Demise



Brother in law of Dr Abdul Aziz Memon (central general secretary) died in a car accident on 27 August. Please offer dua for him.

Mother in law of Dr Wali Muhammad Mujahid (past PIMA president) has passed away on 27 October in Multan.

Nephew of Dr Habib ur Rehman (President PIMA Balochistan) died in the bus blast at Quetta on 21 October.

Brother in law of Dr Azeemuddin (member CEC from Karachi) passed away in Dubai on 26 July. May Allah accept their Hasanaat and bless them with Jannatul firdous.

## PIMA Female Branch



A lecture was given on Anemia by Dr Farhana Masood in a residential area of Federal B Area Karachi on 3rd Sep. Free medical camps also arranged by Female Branch at Karachi.

**Eid Millan at Sialkot:** PIMA Female Branch Sialkot arranged an Eid Millan Party for lady doctors on 7 August at Girls Hostel KSMC. Dr Fouzia Khubaib presented Dars e Quran to a gathering of 65 lady doctors and medical students.

**CME at Rawalpindi:** PIMA Female Branch Rawalpindi organized a continuing medical education (CME) session on Breastfeeding Promotion and Protection on August 27. The program was held in Department of Islamic and Medical Education (DIME) Raazi Hospital Rawalpindi. More than 18 lady doctors attended the program. Prof Dr Shamsunnisa Sadia (Professor of Gynecology Railway Hospital RWP) and Dr Naveed Butt (Neonatologist & Supervisor of FCPS and MCPS at Federal Government Polyclinic Hospital Islamabad) were the key speakers.

**Workshop on Hikmat at Bahawalpur:** A workshop on Hikmat was arranged by PIMA Bahawalpur (Female Branch) on 2 August conducted by Dr Umme Kalsoom. A total of 40 doctors attended the program.

**Free Medical Camp at Rawalpindi:** A free medical camp by PIMA Female Branch Rawalpindi was arranged on 1st November in Cantt area. Two PIMA members served there and examined 83 patients by providing the medicine worth Rs. 15,000/-.

## Report Female Branch Punjab (May to October 2015)

**Istaqbal e Ramadan:** 33 places

**Eid Milan:** 4 (Lhd, Lahore, Faisalabad, Bahawalpur)

**Reception for Hujjaj:** 2 (Faisalabad, Bahawalpur)  
participants: 10-22

**Haj awareness / Importance of zuhraj programme:**  
8 Programs (Rawalpindi, Lahore, Faisalabad)

**Workshop on Hikmat:** 1 (Bahawalpur)

**Lectures for associate members:** 6 (علم، التقاليد)

**Lectures for paramedics:** 8 (Ramadan, Haya, Islamic Tibbbi Ikhlaiyat)

**Provincial cabinet sessions:** 3 (Lhr, Fsd, Rwp)

**CME:** 4 programs (Breast feeding promotion & protection, Pap smear, Ethical practice, Ramadan & doctors)

**Health education for patients:** 3 (Women Self Care, Health and hygiene, Anemia)

**Medical camps:** 5, (Patients: 200)

**Free clinics:** 5

**Literature distribution:** 3000 books on Ramadan, Haj, Haya, Ethics, Imaniat & Ibadat etc

**Provincial training camp:** 1 (Lahore)

Program on shahadat e Haq by Abdul Ghaffar Aziz  
'Dawah at job place' Workshop by Dr Syeda Farzana  
Participants 25-30

**Quran classes**

2 online courses in Ramadan, Weekly classes: 23  
places, Monthly: 10, Daily: 10, On skype: 1 regularly

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