



# PIMA NEWS

MARCH 2018

P a k i s t a n I s l a m i c M e d i c a l A s s o c i a t i o n

## Central Convention 2018

The organizing committee of the 25th Biennial PIMA Convention welcomes all the delegates from within the country and abroad to the city of Lahore, famous for its historical sites from the Mughal age and the colonial era. No doubt, it is a landmark event of the doctors' community as over 3000 delegates are expected to participate. Preparations have now reached their zenith. Prior to this, Lahore has hosted 7 such conventions including the first convention in 1979. Sweet memories of these conventions are still fresh in the minds of doctors.

Such events are a must for all doctors as PIMA brings together the most influential intellectual leaders, top Islamic scholars, health experts, lectures on latest topics and research, best practical applications, and much more. Such events have far-reaching effects on the lives of doctors.



## Prof. Mohammad Tariq passed away

Prof. Dr. Mohammad Tariq (Neuro Physician) passed away on 14 March 2018. He was president of PIMA in session 2004-06 and also worked as HoD Neurology, PIMS. PIMA President Dr Abdul Malik and Executive Council express their deep sense of sorrow and grief over his sad demise. May Allah grant him best place in jannah, Ameen. ....Related Articles on Page 6-7

## Dialogue on Modernization

A thought-provoking dialogue on "Modernization" with renowned scholar Ahmed Jawaid was held by PIMA Karachi ....Continued on Page 9



## Welcome for fresh House-officers

PIMA Female Branch Karachi arranged a special event at Arena Karsaz on 21st February 2018 for all those fresh ....Continued on Page 12



## 19th Quran Fehmi Course at Karachi

The 19th Quran Fehmi Course by PIMA Karachi took off at different places of the city from January 2018 as usual. This year long course has basically been introduced for doctors and other professionals including women, to encourage them to read the Quran with Tajweed, and for primary learning of arabic grammar and ....Continued on Page 9





## PIMA- FROM A DREAM TO REALITY

Dr Mohammad Aurangzeb Rahbar  
Consultant Surgeon, Karachi

The medical profession is the most noble and dignified profession.

وَمَنْ أَحْيَاهَا فَكَأَنَّمَا أَحْيَا النَّاسَ جَمِيعًا

"And whoever keeps it alive it is as though he kept alive all men" (Al Maida - 32)

Wealth is simply the byproduct of this profession and actual reward is the love and prayers of the patients.

الَّذِي خَلَقَ الْمَوْتَ وَالْحَيَاةَ لِيَبْلُوَكُمْ أَيُّكُمْ أَحْسَنُ عَمَلًا

"Who created death and life that He may try you which of you is best in deeds" (Quran; Al-Mulk: 2)

If a Muslim Doctor performs his professional duties with the aim of seeking the pleasure of Allah and fearing accountability to Him, then surely for excellent services, there is excellent reward (i.e. Jannah).

فَمَنْ رُحِّحَ عَنِ النَّارِ وَأُدْخِلَ الْجَنَّةَ فَقَدْ فَازَ

"So he who is drawn away from the fire and admitted to paradise, has attained (his desire)

(Quran; Aal-e-Imran: 185)

The mission statement of PIMA is "to seek the pleasure of Allah SWT through character building and service to mankind."

Established at Lahore in 1979, in its first convention attended by 49 doctors, now PIMA is one of the largest and most widely represented organization of doctors in Pakistan. Its current membership is over 5000, representing all specialties with 55 units across the country.

Conventions, initially annual and then biennial, organized by PIMA, serve both educational and organizational purposes. The educational component comprises religious, socio-cultural, ethical and current issues facing doctors and the Muslims Ummah. The scientific updates has given it a different dimension with contributions from the leading doctors in medical sciences. Renowned scholars from Pakistan and abroad are invited to deliver thought-

provoking lectures. The PIMA conventions give its members an opportunity for reunion too which is difficult otherwise.

PIMA has a central President, General Secretary, and a Central Executive Council (Shura). There are also provincial and local presidents and shura. Elections of all these positions are held through direct secret ballot. All members of PIMA can vote. There are no candidates, no groups or campaigning, and no canvassing.

CME, Relief and Character Building (Dawah o Tarbiah) are the three dimensions of PIMA activities. Professional development workshops and seminars are accredited by PMDC.

PIMA has separate branches for female doctors and medical students, who actively participate in all the projects besides holding dedicated programs for respective category in most of its units. Career Guidance Seminars are popular feature of PIMA students Branch. Experts from medical profession presents a detailed overview of career opportunities for medical professionals in Pakistan and abroad, and in different fields.

Among major projects of PIMA Female Branch are Women Self Care program (breast cancer awareness for lay persons); personality



development workshops; hygiene promotion programs; CME and training programs for doctors, medical students and nurses; faculty development project; SOPs for family planning at health outlets; women empowerment and national health policy related documents.

PIMA Publications was founded in 2000 with the aim to publish books and booklet on medical, religious and ethical subjects for health care community. So far, 30 books have been published.

PRIME Foundation, another project of PIMA, is federally registered since 2005 and is run by an independent board of directors. It has in its wings, high profile educationists and clinicians. Peshawar Medical College is the parent institute recognized by PMDC, followed by dental college, nursing college and institute of public health. PMC, recognized as one of the premier medical institutions of the country, so far has eight batches graduated.

Whenever disaster strikes, PIMA plays a key role in providing relief to suffering humanity. Apart from medical camps and diabetic clinics, PIMA has three full- fledged hospitals in Muzaffarabad and Mansehra; State of art POB eye hospital in Karachi, and another in process in Lahore and Peshawar. POB has done tremendous and valuable services in the country and abroad.

Darse Quran, lecture series on various social and religious topics, and Quran Fehmi courses are regularly held all over the country. Every year hundreds of doctors benefit from these.

Not only does PIMA work for health awareness for the common people, and to advise the government on health care issues, but also strives to solve doctors' problems.

PIMA is an active member of FIMA (federation of Islamic medical associations), a group comprising of Islamic medical associations of more than 30 countries. PIMA has contributed in global medical relief service in collaboration with FIMA. There are four important projects of FIMA.

- 1) IHC (Islamic hospital consortium)
- 2) CIMCO (consortium of Islamic medical colleges)
- 3) Save vision. More than 550,000 patients treated in twelve countries.
- 4) Save dignity. RVF & VVF surgeries performed in different countries especially in Africa.

PIMA is a symbol of knowledge, service and spiritual satisfaction. To help forward our mission, contribute to the society and seek the pleasure of Allah, join us by becoming a PIMA member today.

## News Section

### Tarbiati Program at Kohat

Tarbiati program of PIMA Kohat was held in Liaquat Memorial Hospital Kohat on 16 March 2018 attended by 40 doctors. Central president Dr Abdul Malik, Dr Abdul Aziz Zia, Dr Fazal Azeem, Maullana Maseeh Gull and Mufti Naeem Ullah were guest speakers. Dr Abdul Malik shared view on medical ethics and patient-doctor relation.



### Tarbiati Workshop at Rawalpindi

A one day Tarbiati Workshop was held by PIMA Rawalpindi at Islamic International Medical College on 18th February 2018. This well-attended program covered all the topics related to medical ethics, personality development and character building. The guest speakers included Prof DrHafeezurRehman, Prof Habib urRehmanAsim, DrJavedMirza, Hafiz HameedullahRizwan and Dr Muhammad SaleemGhauri. A group discussion on "PIMA Dawati and Organizational work" was also part of the program.





# PIMA REFLECTIONS

BIENNIAL REPORT (Session 2016-18)



## DAWAH-O-TARBIAT

Main objective of PIMA is to remind its members that apart from their professional and social work, remembering the original objective of this life, ie obedience to Allah, should not be forgotten. Guidance from Quran, teachings of Prophet Muhammad PBUH, purifying our souls and improving character is a lifetime task. This is done in multiple ways; lectures, group discussions, seminars and publications.

In 2016-18, PIMA arranged a chain of five workshops for central, provincial and local office bearers for core reminders and enhancing leadership qualities. These were held at Peshawar, Islamabad and Karachi attended by more than 300 core members. Eminent scholars were invited for talks and group discussions on basic concepts of Islam, personality development, professional and family life. Fifteen tarbiah workshops on divisional level were also held in addition.

Quran Fehmi Courses are held in most units for doctors to understand Quran through teaching basic Arabic grammar, along with tajweed, and understanding basics of Hadith. PIMA Karachi held these courses in weekly classes at 13 different places in the city. There were similar programs held at 100 places at monthly, weekly or daily basis, across the country.

Special Ramadan programs including Istaqbal-e-Ramadan, Shab-e-Bedari and Iftaar are PIMA's regular feature. A total of 153 such programs were held across the country during the

session.

PIMA Islamabad organized a seminar on "Practical Implications of Islamic Banking, Finance and Investment" presided by renowned scholar Prof. Khursheed Ahmad. Different PIMA units organized workshops on Fasting and health problems; PIMA Karachi in addition held workshops on different social topics like parenting, interest, inheritance.

## CONTINUOUS MEDICAL EDUCATION (CME)

CME is a regular function of PIMA units. PIMA was accredited by PMDC as CME provider organization. During the session, 90 lectures, symposia and seminars on different topics were held in PIMA units. This included a five programs series of symposia on "All About Pain" and another five on "Healthy Heart" arranged in Karachi, Peshawar, Quetta, Lahore, Rawalpindi, Faisalabad, Swat, Hyderabad and Sialkot.

PIMA Karachi arranged two-day medical conference 'Karachi Con '16' in Nov 2016, attended by over 2000 delegates and over 120 experts of medical profession delivered their talks.

PIMA Shikarpur arranged a two-day Medical Symposium in October 2017 attended by over 200 delegates.



## RELIEF: "Service to mankind without discrimination"

PIMA has rendered valuable services during disasters in the country and abroad, where volume of casualties outnumbers available resources. Disaster preparedness workshops were also held to train its members on this.

**Rohingya Refugees:** PIMA also collaborated with NGOs in the medical aid to Rohingya refugees in Bangladesh. Donation of PKR 5 million was given for this purpose to Federation



of Islamic Medical Associations (FIMA).

**Syrian Refugee Crisis:** PIMA donated US \$200,000 to Doctors World Wide (DWW) Turkey for medical treatment of Syrian refugees. A three-member delegation of PIMA visited Syrian refugee camps in Turkey in March 2017.



During this session, different units of PIMA arranged 320 free medical / Dental / skin and chest camps in under privileged areas. Another achievement of PIMA Relief is establishment of 16 free diabetic clinics in Karachi, Shikarpur, Sukkur, Khairpur, Matli, Lahore, Faisalabad, Sadiq Abad, Pattoki, Jaranwala, Rajanpur and Muzaffarabad. A total of 800 diabetic patients are registered in these clinics for continued care and provision of free drugs.

In 2016, PIMA Khyber PK organized "Health and Hygiene Promotion Project" in Peshawar. Sessions on educating on clean water, purification methods, hand washing, care of teeth, nails, hair, clothes, proper disposal of garbage, care of food and utensils, use of latrine (discouraging open air defecation), washing of vegetables, fruits before utilization and boiling of milk before drinking. A total of 117 sessions were conducted, attended by 2,473 people who were also provided hygiene kits as encouragement.

PIMA KPK launched a Dengue prevention campaign in collaboration with Peshawar Medical College in affected areas of Peshawar in October 2017. A team of female and male community mobilizers visited at field level to educate households about self-protection & preventing spread of dengue. The teams visited 981 houses; 671 families were identified as dengue suspects; larvae disposed off from 135 houses and 48 houses identified as potential breeding sites. PIMA team also distributed educational material.

## PREVENTION OF BLINDNESS (POB)

Established in July 2007, this PIMA branch with mission of 'preventing blindness and preserving sight', has organized 543 free eye camps in Pakistan. In addition, 101 eye camps have also been held in resource-poor countries like Sudan, Chad, Somalia, Somaliland, Nigeria, Mali, Senegal, Sri Lanka, Burkina Faso, Niger, Indonesia, Cameroon, Morocco, Zimbabwe, Gambia, Gaza and Maldives. So far, more than 1,207,140 patients have been seen and 127,781 cataract surgeries done with Intra Ocular Lens (IOL) implants.

During the session 2016-18, in the country and abroad, volunteer surgeons under POB held 58 free eye camps; screened 98695 patients; performed 12648 eye surgeries. International projects like Gaza Training Workshops, Somaliland Diploma Program and School Eye Care Program are ongoing.

POB Hospital in Karachi has been established in Sept 2017. It is designed as a tertiary care center for all eye diseases, and the group has already carried out over 9500 free cataract surgeries at rented premises since 2011. Similar Eye Hospitals are planned for Lahore and Peshawar by PIMA.



## FEMALE BRANCH ACTIVITIES

PIMA Female Branch actively participates in all the projects besides holding dedicated programs for females in its 46 units. The Quranic verse: "يا ايها الذين آمنوا آمنوا" was the theme of the session 2016-18.

During the session, its Dawat-o-tarbiah section arranged 88 Dars e Quran Programs, 81 Quran Fehmi classes, 6 thematic workshops, 11 Study circles, 34 Hajj training workshops,

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## A TREASURE LOST!

Prof. Mohammad Tariq

1953-2018



**Prof Mohammad Iqbal Khan**

Vice Chancellor ShifaTameer-e-Millat University, Islamabad  
Ex- General Secretary PIMA

Professor Dr Mohammad Tariq was a great scholar, scientist, renowned clinician and eminent neuro physician of the current era. He was born in September 1953, after his primary education at Abbottabad, moved to Islamabad where he completed his premedical education. During this time, he joined IslamiJamiat e Talba, and was appointed the first Nazim of the Islamabad chapter. During his medical education at Khyber Medical College Peshawar, he also remained the Nazim of the local chapter and member of provincial shoora. He enjoyed very close relationship with BrotherMatee Ur RehamanNizami, the then Nazime Aa'la, and used to narrate several special events spent with him and with TasneemAlamManzar.

After his house job at Abbottabad, Prof Tariq worked as demonstrator at Ayub Medical College for sometimes. He then moved to Iran and worked in primary health care. Thereafter he moved to UK where he got post graduate training in general medicine and thereafter in Neurology and finally worked as consultant Neurologist prior to returning to Pakistan. In Islamabad, he was appointed as neurologist at Pakistan Institute of Medical Sciences (PIMS). He revolutionized the neurological services, teaching and training in Pakistan. His main interest was neuro muscular disorders and he established portable plasmapheresis in Pakistan, initially in PIMS and latter in all big cities of the country free of cost through his NGO called Myasthenia Welfare Organization. He was teacher of teachers and trained several neurologists of international repute who later served in prestigious positions nationally and globally. Professor Tariq discovered the rarest

gene responsible for Myasthenia and largest family

suffering from inherited neuromuscular disorders in collaboration with the department of Neurology at Oxford university.

He was a man of integrity, extreme honesty, commitment and scholarship. I enjoyed cordial friendship with him for over thirty years. He was my mentor, friend, brother and benefactor. I travelled with him around the globe in the most difficult terrains across Europe, Asia and Africa for relief purposes, and wherever we went he remained highly focused and beneficial for humanity in pursuance of pleasure of Almighty Allah; nothing less or more. I found Brother Tariq very sound and composed person; even in difficult stints, he always remained composed and never showed wrath or anxiety. He also remained the president of Pakistan neurological society and president PIMA Islamabad. I remember how he accepted post of General Secretary of PIMA center; when nominated and elected PIMA president at biennial convention held in Karachi, he was not ready to take the oath of president until strongly persuaded by his predecessor Prof Dr Ahmed Saeed for whom he had great regards. He nominated me as general Secretary during his tenure and Alhamdulillah, we managed the most difficult time of 2005 earth quake in Pakistan coordinating a dedicated team of volunteers. During this period PIMA got national and international recognition for exemplary services in difficult times. Prof Tariq was also the General Secretary of FIMA and worked hard for the expansion of FIMA projects.

Professor Tariq had in depth Knowledge of



Qur'an and Sunnah and used to discuss challenging ethical issues in medical practice. Dr Tariq had a habit of memorizing Qur'an all the time. He used to say: "Iqbalbhai, never opt for inferior, go ahead and take challenges with sincerity, Allah will help us". He had a habit of taking every challenge with smiling face. I remember his words: "in my life time I want to see PIMA as an actual driving force for every doctor in Pakistan."

In October 2014, he was diagnosed with localized prostatic cancer, and ultimately had radical prostatectomy by my best friend and very competent Urologist Prof Saeed Akhter. He provided him with the best treatment available in Pakistan and abroad. We all, including Tariq bhai, remained hopeful, though with Allah's will, his disease recurred. His last three months were really critical when he could not even get

up and move himself. He did not disclose his illness with PIMA friends: "don't bother brothers, they will be disturbed; why to grind all in my desolations". I salute Mrs. M Tariq our sister and great lady, who looked after him with exemplary passion, love and affection. I remained very close to him during his illness and was the first to know about that as well but in my thirty-year clinical experience I have never encountered such patience, serenity and pious and virtuous man in my life, who was valiant enough to live with dignity and died with dignity and the day he died, he prayed his maghrib but could not attain the moment to say his Isha prayers on that day. May Allah raise him the highest place in Jannah, bestow patience to all his concerns and fill his gap in his organization, Ameen.



شفقت کے گواہ ہیں۔ Mysthenia Gravis کے مریضوں کے لیے ملک میں پہلی مرتبہ موبائل Electrophoresis Unit مسلم ایڈ UK کے تعاون سے شروع کر دئے۔ پنا کے صدر بنے تو پورے گراموں کے لیے کئی کئی روز ٹکنا پڑتا، ان کے مریض خفا ہوتے تو کہتے، دوست! راہ خدا میں نکلا ہوں، معذرت خواہ ہوں۔ 2005ء کے زلزلے میں دن رات متاثرین کی مدد اور بحالی میں جتے رہے۔ باغ اور مانسہرہ میں ہسپتال کا قیام اور تادیر چلانے کے لیے ان کی خدمات گراں ہمیشہ یاد رکھی جائیں گی۔ کئی برس پہلے انہیں کینسر کے مرض کی تشخیص ہوئی مگر انہوں نے اپنے معمولات میں کوئی فرق نہ پڑنے دیا۔ چند برس قبل ریٹائر ہوئے تو پنا کے اسلام اور طبی مسائل کے ریسرچ سیل میں انہماک سے وقت دینا شروع کیا۔ گزشتہ کئی ماہ سے ان کی علالت نے شدت اختیار کر لی تو ڈاکٹروں نے ملاقات پر پابندی لگا دی۔ ابھی چند دن پہلے ان سے بات کی اجازت ملی تو دو تین مرتبہ مختصر سی بات ہوئی۔ آخری کال میں ان کی آواز میں کمزوری اور قدرے لڑکھاہٹ تھی مگر طبیعت کی شکستگی اور بزلہ سنجی ویسی ہی تھی۔ 1975ء سے اب تک میں نے انہیں ہمیشہ مسکراتے اور آسانیاں بانٹتے ہی دیکھا۔ مالک دو جہاں ہمارے انتہائی عزیز بھائی کی مغفرت کرنا اور جنت الفردوس میں ایک چھوٹا سا باغیچہ عطا کرنا، آمین۔ اللہ تعالیٰ انہیں اپنی جوار رحمت میں جگہ دے اور ان کے لواحقین کو صبر جمیل عطا کرے، (آمین)

ڈاکٹر تنویر الحسن زبیری

سابق صدر پنا، فیما  
کنسلٹنٹ ریڈیالوجسٹ (لاہور)

پروفیسر محمد طارق (نیوروفزیشن، ہائی ہیڈ آف نیورالوجی ڈیپارٹمنٹ PIMS اسلام آباد، سابق مرکزی صدر پاکستان اسلامک میڈیکل ایسوسی ایشن) راضی ملک عدم ہوئے۔ ڈاکٹر محمد طارق نہ صرف ایک ماہر معالج تھے بلکہ انتہائی نیک فطرت، پاک باز انسان اور انسانیت کا درد رکھنے والے ساجی رہنما بھی تھے۔ انہوں نے مختلف ذمہ داریوں پر رہتے ہوئے پاکستان میں پیشہ طلب اور پنا کے لیے شاندار خدمات سر انجام دیں۔ وہ میرے ہم دم دیرینہ بڑے بھائی جیسے مشفق، درویش صفت، ہمیشہ خوش رہنے اور مسکرائشیں بانٹنے والے انسان تھے۔ آج طارق بھائی ہم سب کو سو گوار چھوڑ گئے۔ میرا ان سے دور طالب علمی سے تعلق تھا۔ شاید 1975ء میں جمعیت طلبہ کی کسی تربیت گاہ میں ملاقات ہوئی۔ میں ایف ایس سی فرسٹ ایئر کا طالب علم اور طارق بھائی خیبر میڈیکل کالج میں آخری سال میں تھے۔ تب انہوں نے مجھے مولانا نعیم صدیقی کی شہر آفاق تصنیف ”محسن انسانیت“ ہدیہ کی۔ ان سے قلمی دوستی کا آغاز ہوا۔ برطانیہ جانے تک ان کے انتہائی خوش خط نامے میرے نام آتے۔ مختصر سا خط ہوتا مگر شخصیت پہ گہرا نقش چھوڑ جاتا۔ وہ نیورالوجی میں سپیشلائزیشن کرنے کے بعد برطانیہ میں کنسلٹنٹ کے طور پر کام کر رہے تھے۔ والدہ کی بیماری پر سب چھوڑ کر پاکستان آ گئے۔ تب پز نیا بنایا تھا۔ وہاں شعبہ امراض اعصاب کی بنیاد ڈالی اور اس شعبے کو بام عروج تک لے گئے۔ پورے ملک، افغانستان اور وسطی ایشیائی ممالک سے بھی ان کے مریض آتے اور شفا پاتے۔ خود ریل FRCP تھے۔ ان کے سینکڑوں شاگردان کی علم دوستی، قابلیت، لیاقت اور



# PIMA CONVENTIONS

## CENTRAL CONVENTION 2016

The 24th biennial PIMA central convention was held at Peshawar Medical College on 2-3 April 2016. It was one of the biggest gatherings of health care professionals in Pakistan, attended by more than 1500 delegates from Pakistan along with delegates from US, Malaysia, Sudan and Jordan. The theme of the convention was **يا ايها الذين آمنوا آمنوا**. Five plenary sessions in addition to 10 scientific sessions were part of this two day convention. A plenary session on "Polio eradication" was addressed by Governor of KPK and international experts.

Pre-convention seminar on first April on "Implementation of Islamic Hospitals" was an outstanding event, addressed by international and national experts, attended by 130 delegates from across Pakistan and abroad. It dealt with basic framework and implementation of an ideal Islamic hospital, taking care of the sick and needy to gain the pleasure of Allah, practicing ethical medicine, and practicing and managing hospitals according to sharia guidelines. Workshops on 10 different scientific subjects were also held in parallel on the pre-convention day.



Elections were held and Dr Abdul Malik, associate professor cardiac surgery LRH Peshawar was elected as central president for the new term. A thirty member central executive body (shoora) was also elected.

## PROVINCIAL CONVENTIONS 2017

**PIMA Punjab Convention:** 15th biennial convention was held on 25-26 March 2017 at International Islamic University Islamabad. Prof Sohail Hassan delivered the thematic talk on **توبى الى الله**. Highlights of the convention included a seminar on medical ethics, competencies of a Muslim doctor and patient's rights. Guest speakers were



Prof Anis Ahmad, Prof Hafiz Ijaz Ahmad and Prof Muhammad Iqbal Khan while Dr Ahmad Yousaf Aldarvesh, President International Islamic University chaired the session. The other speakers of the convention included Prof Hafeez ur Rehman, Mr Khalid Rehman, Mr Rashid Nasim, Prof Habib ur Rehman Asim, Dr Azmatullah Qureshi, Dr Hameed Ullah Rizwan and Dr Abdul Malik, President PIMA. Dr Saleem Ghauri was elected as President for the new term.

**PIMA Sindh Convention:** 15th biennial convention was held on 22-23 March 2017 at Isra University Hospital Hyderabad. The Theme of the PIMA Sindh Convention was

**ان الحسنات يذهبن السيئات**

Pre-convention workshops on Stress Management, Communication Skills





and Trauma Management were held. A “Career Guidance Seminar” for medical students was also held on 22nd March. Parallel scientific sessions on Pulmonology, Cardiovascular Disorders, Infectious Diseases, Women Health, Neurology and Radiology were held. Speakers in plenary session included Prof. Ghulam Qadir Qazi (VC Isra University), Prof Hafeez Ur Rehman (Peshawar Medical College), Dr Zakiuddin Ahmed (Riphah University), Engineer Muhammad Furqan, Dr. Abdul Malik (President PIMA), Dr Khubaib Shahid (GS PIMA) and Dr Meraj Ul Huda Siddiqui (thematic talk). Dr Ahmad Salman Ghauri was elected as president for the new term.

**PIMA KPK Convention:** 15th biennial convention was held on 22-23 April 2017 at Ayub Medical College Abbottabad. Prof Anis Ahmad delivered a thematic talk on **يا ايها الذين آمنوا** while Mr Oria Maqbol Jan was the other guest



speaker. The convention comprised sessions on Da'wah, current challenges of medical profession and PIMA activities. Speakers included Prof Najib ul Haq

and Prof Hafeez ur Rehman of Peshawar Medical College, Dr Tanveer ul Hassan Zubairi (President FIMA), Prof Muhammad Iqbal Khan VC Shifa University Islamabad, Prof Muhammad Ibrahim Khan (ex-Senator), Mr Abdul Ghaffar Aziz (expert foreign affairs), Mr Mushtaq Ahmad Khan, and Dr Abdul Malik (President PIMA). Dr Anwar Jamal was elected as president for the new term.



**PIMA Baluchistan Convention:** 15th biennial convention was held at Quetta on 13-14 May 2017. Pre-convention workshops on ECG and BLS were held. Two scientific

session and a session for young doctors and medical students were keenly attended. Prof Nasir, Prof Afzal Mian (In charge PIMA Relief) and Dr Atta ur Rehman delivered plenary talks. Dr Muhammad Shah Kakar was elected as president for the new term.

## PIMA Kashmir Convention: 15th



biennial convention was held at **Mirpur** on 2 April 2017. The Theme of the convention was

. Speakers included Prof Hafiz Ijaz Ahmad, Dr Atta ur Rehman, Prof Hafeez ur Rehman, Prof Muhammad Afzal Mian, central PIMA President Dr Abdul Malik, Mr Khalid Rehman and Prof Habib ur Rehman Asim. Dr Sadiq Hussain was elected as president for the new term.

**Gilgit-Baltistan Convention:** The first convention of PIMA GB was held at Gilgit on 13 May 2017. Prof Misbah ur Rehman Yousafi and central PIMA president Dr Abdul Malik delivered



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**19th Quran Fehmi Course at Karachi**

Hadith. This course is held in at a number of sites in Karachi e.g. PECHS, Nazimabad, North Nazimabad, Gulshan Iqbal, Orangi Town, Gulshan e Maymar, Clifton, Defence and the Site Area. We pray to Allah SWT to accept these endeavours for the spread of His Deen.

**Dialogue on Modernization**

on 27th January 2018. It was attended by more than 100 doctors. As it stands the word is ill-understood by many but the learned scholar made it look so much simple.





40 Eidmilan in addition with special Ramzan Programs including 147 Istaqbal e Ramzan and 47 Daura-e-Quran classes.

Accordingly, 130 CME programs were held on Anemia, Women self-caremaster training, Ca breast, Gestational Diabetes, Oral health, Care of critical patients, Medical ethics, Pain management and Abortion.

PIMA Female Branch also arranged 237health awareness programs including Breast cancer awareness, Anemia, Hajj Med. Guidelines, Women self-care, mental health and PCO.

For medical students, 12 Career guidance programs, in addition to sessions on contemporary issues, CMEs, Farewell parties and Quran classeswere held in 16 medical colleges across the country. More than 37

special programs for paramedical staff were also held during the session.

In 2016-18, a total of 39 free medical camps were arranged in the remote areas. Another 5 clinics are functional in Punjab and Sindh provinces.



#### ASSOCIATE MEMBERS

During this session, six career guidance seminars were held in Punjab, Sindh, Khyber PK and Baluchistan attended by thousands of medical students and young doctors. Senior faculty gave them guidance for pursuing career in different areas. Twenty Three associate members participated in FIMA Youth Camp at Istanbul, Turkey last year. Medical students also participated in medical relief activities in the country.

## Visits of Provincial PIMA Presidents

### News Section

#### SINDH:

President PIMA Sindh Dr Ahmad Salman Ghauri made a two-day visit to upper sindh along with Prof Sohail Akhtar and the PIMA Dawat o Tarbia team on- 24-25 February 2018. They met with PIMA members at Sukkur, Shikarpur, Jacobabad, Khairpur, Kandhkot, Larkana and discussed about tarbia activities, their membership records and registration of upcoming central convention.



#### Khyber PK:

President PIMA Khyber PK Dr Anwar Jamal visited Kohat, Dir Lower, Abbotabad and Peshawar along with General Secretary, DrFakhr-e-Alam. He invited his colleagues to participate in the forthcoming Central Convention in Lahore. He also asked local units to arrange CME and Tarbiyati program for doctors on monthly basis.









## Female Branch Activities

A free medical camp for skin diseases was held at Rawalpindi on 11th Feb. More than 40 patients were examined & free medicine made available.

As part of 17th Biennial international Scientific conference 2018 of SOGP (Society of Obstetricians & Gynaecologists of Pakistan), a pre-conference workshop prior to the function, was organized by PIMA & Al-khidmat Hospital Nazimabad on "Obstetric Drills & Maternal Collapse". Conductors of the seminar included Central president PIMA Female Branch Prof Amtullah Zareen (Head of Obs/Gyne Dept. Allama Iqbal Medical College, Lahore) and Dr Azra Jamil (consultant, CPSP Examiner & member PIMA).

PIMA Female Branch Lahore arranged a "Relief seminar" at Falah-e-Khandan Center on 31 December 2017. Dr Khubaib Shahid (General



Secretary PIMA) briefed the audience about PIMA relief activities around the globe including the medical care services for Syrian refugees. Another presentation on "Burma Relief activities by ICNA" was presented by Dr Fizza Saleem, Dr Fouzia Alvi and Dr Samina Bajwa.

Pre-convention workshop was held by PIMA Female Branch Karachi at children hospital on March 10th, 2018. Topics covered in the workshop included "Dietary guidelines for our community" by Prof. Dr. Yasmeen Mumtaz (FCPS community medicine), "Calorie calculation in obesity" By Dr. Farhana Masood. (MCPS family medicine), "Diet plan in sedentary people" by Dr. Sheema Khalid (Dip family medicine) and "Balanced diet in diabetics" by Dr. Shahneela Kashif (M Phil fellow, com health & Nutrition)

## Newborn survival and hygiene kits

PIMA Relief KPK distributed "Newborn survival and hygiene kits" among 5000 recently repatriated families of Orakzai Agency in the month of March 2018. The kits were distributed among the newborns, and pregnant and lactating mothers as support from PIMA. The kits comprised of Nail Clippers, Toilet Rolls, Medicated Soap, Tooth Brushes, Tooth Paste, Miswak, ORS, New Born Survival Blankets and Shopper Bags.



## PIMA Poster Presentation

A poster, based on PIMA Relief KP's last year project on hygiene and sanitation in Peshawar was presented at the 8th Public Health Conference organized by Health Services Academy, Islamabad on 6-7 December 2017. It was a well-attended gathering.

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*Warm welcome for fresh House-officers*

graduates who were stepping into the world of medicine and were about to start their house job very soon. After the welcome address, graduates were given a helpful and informative talk on house job queries by a fresh House Officer Dr. Ribha Salman of Civil Hospital Karachi. An

entertaining short play on Doctor Comics by young medical students was also held followed by a scrumptious hi-tea. The young doctors were particularly excited to receive the House Job Kit, a special gift granted by PIMA on this auspicious and memorable occasion.

### Patron:

Dr Abdul Malik (Central President PIMA)

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