



Pakistan Islamic
Medical Association

PIMA NEWS

MARCH 2014

We seek the pleasure of Almighty Allah through character building and service to mankind

Evening with Amjad Islam Amjad by PIMA Islamabad

PIMA Islamabad arranged an evening with the legendary writer and poet Amjad Islam Amjad in Ambassador Inn hotel on 25th December. Mr Amjad Islam Amjad delivered the legendary talk and then shared some of his famous poems which were a source of inspiration as well as entertainment for the participants.



PIMA Medical Relief for drought hit Tharparkar

PIMA established a medical camp in Mithi, Tharparkar for drought affectees from 9th March. PIMA President Dr Misbahul Aziz and provincial President Dr Abdul Qadir Somro visited DHQ Hospital and met with DHQ, DG Health and MS and offered PIMA assistance. PIMA also started ambulance service between Deplo, Islam Kot and Mithi to provide

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Islamabad to host Central Convention 4th time

PIMA is holding its 23rd biennial convention in the capital city Islamabad on 5th & 6th of April 2014. It will be a land mark event for the doctor community where over 2000 delegates are expected to participate at Jinnah Convention Centre Islamabad. Islamabad has hosted 3 central biennial conventions in 1990, 1996 and

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2-Days Training Workshop at Lahore

PIMA centre arranged a 2-days training workshop for its executive council members and unit presidents in Lahore on 15-16 February 2014. Over 50 members from Sindh, Punjab, Khyber PK and Azad Kashmir attended the program. The workshop started with Dars-e-Quran delivered by Dr Fazal-e-Azeem (incharge Dawat o Tarbiat). The others

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Patron: Prof Khawaja Sadiq Hussain

President: Dr Misbahul Aziz

General Secretary: Prof Sohail Akhtar

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Editorial

Professional Excellence – A requirement for Service to mankind

Allah (swt) says in chapter 3 of the Holy Quran:

إِنَّ فِي خَلْقِ السَّمَاوَاتِ وَالْأَرْضِ وَاجْتِلاَفِ
الَّيْلِ وَالنَّهَارِ لَآيَاتٍ لِّأُولِي الْأَلْبَابِ
الَّذِينَ يَذْكُرُونَ اللَّهَ قِيَامًا وَقُعُودًا وَعَلَى
جُنُوبِهِمْ وَيَتَفَكَّرُونَ فِي خَلْقِ السَّمَاوَاتِ
وَالْأَرْضِ رَبَّنَا مَا خَلَقْتَ هَذَا بَاطِلًا
سُبْحَانَكَ فَقِنَا عَذَابَ النَّارِ

“Surely in the creation of the heavens and the earth, and in the alternation of night and day, there are signs for men of understanding. Those who remember Allah while standing, sitting or (reclining) on their backs, and reflect in the creation of the heavens and the earth, (saying): ‘Our Lord! You have not created this in vain. Glory to You! Save us, then, from the chastisement of the Fire’.” (Sura Aal-e-Imran, Aya 190-191)

These signs for men of understanding not only prove the existence and powers of the Almighty and force men of understanding to bow before Him but scientific understanding of these signs is the basic source of benefit to mankind in many ways. In the peak era of Islamic Rule, muslim scholars were the leading figures in the world in their respective fields. While Europe was passing through its dark ages, muslim scientists, mathematicians, astronomers, physicians and historians were busy establishing the basic principles of all these fields. Al-Kindi, Ibrahim al-Fazari, Abbas Ibn Firnas, Alhazen, Nasir al-Din al-Tusi, Avicenna (Ibn sina), Ibn Khaldun, Al-Khazini are just a few names to be mentioned here. It was all their work which was used by the west as a foundation for constructing the present developed

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PIMA Convention's History

Regular gatherings are part of organizational culture; for ideological organizations they carry even more importance. PIMA was founded in 1979 at Lahore and its first convention was attended by 49 doctors; its name suggested was ‘Pakistan Doctors Forum’. Its vision and objectives were laid down. Dr Maqbool Shahid, consultant oncologist of Lahore was elected as its first President, who nominated Dr Shaikh Maqbool, consultant psychiatrist, also of Lahore, as General Secretary. Prof Khursheed, chairman planning commission was invited as key note speaker.

Its constitution was formed in 1981. Initially yearly conventions were held, till 1988. In Multan when it was suggested to hold it every two years. The alternate year was suggested for holding provincial conventions, again biennially.

The conventions of PIMA are organizational as well as educational. In each, members elect President and a working body (shoora) for the next



‘khairun nas mayyanfaun nas’ are some examples.

The educational component comprises largely of religious, socio-cultural, ethical and current issues facing doctors and Muslim Ummah. Renowned scholars from Pakistan and the world have deliberated thought provoking lectures that are difficult to compare. In the last ten years or so, inclusion of scientific topics has given it a different dimension with



term of two years. All its elections are by secret ballot, without any canvassing or self proposal i.e. no one presents himself for any post rather members themselves chose their representatives. The composition of shoora is proportionate to the number of members in the province and district.

The theme of the conventions is traditionally a Quranic verse or a hadith; ‘ihdinassiratal mustaqeem’,

updates in medical sciences and training workshops and symposia which attract mostly doctors in training and medical students.

PIMA conventions are very keenly attended by PIMA members and other doctors, medical students; the attendance in the last few years has clearly been more than any other medical event in the country, usually in thousands. For PIMA members they also serve a ‘reunion’ which is difficult



otherwise in today's busy world. They stay together, attend sessions and then have plenty of time to mix. Female Branch of PIMA also makes special

arrangements for travelling and stay in line with our noble religious norms.

Prior to 2014, twenty two conventions

of PIMA center have been held in various cities, details of which are given here.

| Session | President PIMA | General Secretary | Convention Place |
|-----------|-------------------------------|---|------------------|
| 1979-1980 | Dr. Maqbool Ahmed Shahid | Dr. Sheikh Maqbool | Lahore |
| 1980-1981 | Dr. Iqbal Ghayoor | Dr. Syed Mubin Akhter | Rawalpindi |
| 1981-1982 | Dr. Muhammad Kamal Khan | Dr. Rafiq Ghuncha | Lahore |
| 1982-1984 | Dr. Iqbal Ghayoor | Dr. Syed Mubin Akhter | Lahore |
| 1984-1986 | Dr. Muhammad Ishaque | Dr. Syed Iftikhar hussain | Lahore |
| 1986-1988 | Dr. Muhammad Iqbal Khalil | Dr. Sajad ur Rehman | Multan |
| 1988-1990 | Dr. Hafiz Ijaz Ahmad | Dr. Muhammad Afzal | Islamabad |
| 1990-1992 | Dr. Riaz Ahmed | Dr. Sabbir Ahmed Kallu | Lahore |
| 1992-1994 | Dr. Anwar Jan Kamran | Dr. Nasir Jadoon | Quetta |
| 1994-1996 | Dr. Atta ur Rahman | Dr. Iftikhar Burney / Shabbir Ahmed Kallu | Islamabad |
| 1996-1998 | Dr. Ahmed Khan | Dr. Hafeez ur Rehman | |
| 1998-2000 | Dr. Tanveer ul Hassan Zubairi | Dr. Hafeez ur Rehman | Islamabad |
| 2000-2002 | Dr. Hafeez ur Rahman | Dr. Baber Saeed Khan | Lahore |
| 2002-2004 | Dr. Ahmed Saeed | Prof. Muhammad Tariq | Karachi |
| 2004-2006 | Prof. Muhammad Tariq | Prof. Muhammad Iqbal Khan | Multan |
| 2006-2008 | Dr. Wali Muhammad Mujahid | Dr. Muhammad Azam | Peshawar |
| 2008-2010 | Dr. Abdul Aziz Zia | Dr. Muhammad Azam/ Prof. Mumtaz Hussain | Lahore |
| 2010-2012 | Dr. Muhammad Shafqat Javed | Prof. Mumtaz Hussain | Karachi |
| 2012-2014 | Dr. Misbah ul Aziz | Prof. Sohail Akhtar | Islamabad |

PIMA Karachi Training Workshop and Certificate Distribution Ceremony

PIMA Karachi arranged a one-day training workshop on 15th December at Rangoonwala Hall. More than 350 male & female doctors and medical students attended. The keynote speaker was Mr

Abdul Gaffar Aziz, who delivered his talk on **ليظوره على الدين كله**. At this occasion, certificates were distributed among the participants of 15th Quran Fehmi Course.



Training Workshop at Shikarpur

PIMA Shikarpur arranged a Tarbiyati Nishist on 25th December at PIMA House Shikarpur. The program comprised of Dars-e-Quran and Group Discussion on Soorah Alhujurat. 19



doctors attended the program.

Islamic Study Circle Program on

Prof. Syed Shahid Hashmi (Director of Islamic Research Academy) Delivering very thoughtful speech on The Topic "Dunya Musaman Ki Nazer Main" at PIMA House Karachi on 1st March. This Program was organized by Islamic Study Circle (ISC) for character building of Doctors.

"دنیا مسلمان کی نظر میں"



CME on Common Chest Problem

PIMA Karachi arranged a CME on common Chest Problems in PIMA House on 28th December. It was very informative and healthy educational activity. Lectures delivered by renowned consultants Dr. Mosavir Ansarie (Consultant Pulmonologist), Dr. Kashif Shazli (Assistant Professor of Radiology ZMU) and Dr. Asif Naseem (Consultant Pulmonologist).

Computer Skills Development Workshop by PIMA Multan

A one day workshop on Computer Skill Development was arranged by PIMA Multan on 26th Jan 2014. 16 PGRs and other doctors attended the workshop.



PIMA trip to Naran for Associate Members

PIMA KPK organized a 3 day trip to Naran valley for associate members. 94 associate members from all medical colleges of KPK participated.



PIMA KTH Quran Class

PIMA Khyber Teaching Hospital organizes Quran class twice a month. In one such program CPC hall Maulana Maseeh Gul delivered Dars-e-Quran.



Lack of career counseling results in the “Brain Drain”

Competence in medicine is crucial to perform the job to the required standards. The welfare of patients remains the primary interest and first and foremost duty of doctors. Doctors associated with Pakistan Islamic Medical Association (PIMA) expressed these views at a career guidance seminar held at Aga Khan University Auditorium. In a statement issued later on, they said, “Every year thousands of medical graduates pass out without a clear vision and many of them end up

by a large number of fresh medical graduates from almost all medical schools in Karachi, as it provided an opportunity to communicate and socialize with a large number of doctors, future specialists, general practitioners, and surgeons. “Fresh medical graduates should not go



Interventional Radiologist Ziauddin Medical University and Hospital. M Wasay, MD FRCP, FAAN, Aga Khan University, while giving his presentation on career planning said that career choices should be taken after a detailed discussion with family, friends, teachers and seniors.

“Decisions regarding careers and placements must be based on your choice what you like and enjoy most – seeing patients, teaching, research, administrative work and marketing, etc,” he said, adding that medical graduates should consider their strengths and weaknesses including temperament, skills and track record, etc, before making a decision about their careers. He also said that the best time to find out all this was before graduation.



going abroad due to lack of proper career guidance and opportunities.”

PIMA's career guidance seminar for fresh medical graduates was attended

abroad and serve extremely neglected poor patients in the country. If all literate people moved abroad nobody will take care of this society,” said Dr M Kashif Shazlee, Consultant

PIMA Patient First Seminar

PIMA Khyber PK organized Patient First Seminar on 6th Feb 2014 in Lady Reading Hospital Peshawar. More than 300 doctors participated. Mr. Siraj-ul-Haq, Provincial Senior Minister was the chief guest.



Election of PIMA Sialkot

PIMA Sialkot members elected Dr. Zaheer Ahmad as unit president for next year 2014-15. He appointed Dr. Khalid Butt as vice president and Dr. Kh. Rizwan as general secretary.

Free Medical Camp at Sialkot

PIMA Sialkot arranged a free medical camp in Hajipura on 14th March. Seven doctors and 10 paramedical staff participated. Over 350 patients were examined and 32 ultrasounds done at this occasion.

Women Self Care Program

Breast Cancer is the most frequently diagnosed cancer and is the leading cause of cancer among women worldwide. The sufferings and the loss of life owing to it could be significantly reduced by early detection. There is lack of awareness about miseries of its advancement & opportunities of early detection.

Women Self Care Program by PIMA Female Branch addresses this by providing awareness of risk factors & course of breast cancer, educating the women about early self detection methods and informing the women about screening protocols & referral mechanisms. During previous session WSCP arranged 54 Public Awareness lectures in Karachi, Hyderabad, Hala, Sukhar, Gujranwala, Islamabad, Faisalabad, Jhang where 5600 women attended and 20 doctors participated. Individual Counseling provided to about 200,200 women. 8000 Informatory handouts & brochures were also distributed.



10 Detection Camps were arranged in different places in which 300 patients examined and 20 Lumps were detected. 8 Training sessions & Lectures for doctors were held on different places where 580 lady doctors attended. 150 women attended Workshop for LHV's. 7 Lectures for nurses were arranged on International Health & Women Days.

Lectures on "Geriatric Care" at Karachi

PIMA Female Branch Karachi organized lectures on "Geriatric Care" at PIMA House Karachi on 13 January. Large number of female doctors and medical students attended the programs.



CME at Lahore

A CME held at "Falah-e-Kandan Center, Johar Town" by PIMA Female Branch Lahore on 31st January. Dr. Umme Kalsoom spoke on "Warasat" & Dr. Amtullah Zareen (Prof. Gyne department Jinnah Hospital delivered lecture on "Abortion, facts & controversies". There were 25-30 participants.

Haya Conference at Bahawalpur



PIMA Bahawalpur arranged "Haya Conference" for medical students on 13th February at Oriental Cousine. Madam Safia Frogh, Ex Principal Govt. Degree College talked about woman's status in Islam, Madam Nighat Iftikhar, Ex D.E.O schools explained the reality of valentine day & lastly Dr. Samina Roohi discussed "Huqooq-e-Niswan & Hudood-e-Niswan". About 150 students attended the program

Yvonne Ridley addressed in PIMA Female Branch's meeting

The converted Muslim and renowned journalist Yvonne Ridley, was invited by the Central cabinet of PIMA Female Branch to have a talk. In her speech, she reviewed the current Syrian crises in depth and stressed the need for solidarity of Muslim Ummah.



Leadership Training Workshop at Lahore

Leadership Training Workshop was arranged by PIMA Female Branch Lahore. It started with Dars-e-Quran "kuntum khaira ummat" by Dr. Talat Sial followed by a lecture "Qayadat k osaaF" by Dr. Umme Kalsoom. Dr. Uzma Ijaz, President PIMA Female Branch Lahore talked about "Ata'at-e-Ameer" & in the end tanzeeми workshop was conducted by Dr. Filza Afaq, President PIMA Female branch Punjab. 25 doctors attended the workshop.

PIMA Health Centre, Karachi

PIMA Health Centre, Karachi established by PIMA Female Branch examines 350 patients per month. The centre was established in 2006 with an objective to provide medical care to under cared people especially for mother and children who are more vulnerable to disease and malnutrition. The consultant OPD is 30 per month and ultrasound clinic with 30 patients per month. This centre provides free Annual Medical Checkup to local schools students and Vaccination of women & children.



Dr. Nusrat Iqbal visited Faisalabad

Dr. Nusrat Iqbal, central president of PIMA Female Branch visited Faisalabad on 17 January. Dr. Aziza Anjum, member of central cabinet, accompanied her. They addressed to a congregation of members of the city.

Breast cancer screening & communication skills workshop for nurses at Bahawalpur

PIMA Female Branch Bahawalpur arranged breast cancer screening & communication skills workshop for nurses at Civil Hospital, Jhangi wala on 8th March 2014. 40 participants attended the workshop.



Seerat-un-Nabi (ﷺ) Conference at Islamabad

PIMA Female Branch arranged Seerat-un-Nabi (ﷺ) Conference in Federal Government Services Hospital on 18th January. Over 500 doctors and paramedical staff attended. Guest speaker was Prof Habib-ur-Rehman Asim who highlighted the different aspects of Prophet's ﷺ life.



Central Cabinet meeting

The last meeting of the Central Cabinet (Markazi Shura) of PIMA Female Branch for the session 2012-14, was held at Karachi. Elected members of the cabinet from all over Pakistan attended the meeting. Including Dars-e-Quran & Dars-e-Hadith as a reminder for the goal of PIMA, the meeting is a forum for reporting and analysis of region wise activities and departments of PIMA. Presided by Dr. Nusrat Iqbal, provincial and departmental in-charges presented their reports; the cabinet members discussed the performance and presented suggestions for the next cabinet.

Lecture for enhancing the Religious Knowledge of doctors at Karachi

"Law of Pakistan regarding inheritance abides Shari'ah except when people decide to follow their own tribal values, even if they go against Shari'ah," said Faiza Khalil, President Pakistan Islamic Lawyers Forum in a lecture organized by PIMA Female Branch for enhancing the religious knowledge of doctors. She also mentioned that such acts result in biased, unjust and unislamic decisions.

Childhood Cancer is curable

The cell is basic structural and functional unit of our bodies. Normal cells of the different organs generally reproduce in an organized fashion for proper functioning of the body. After certain duration, they are destroyed and replaced by newer cells. Sometimes the mechanism controlling this normal cell turn over stops working efficiently because of damage to the genetic material. This leads to rapid and uncontrolled division of cells. These abnormal cells don't die as normal cells do and keep on reproducing erratically, eventually resulting in formation of a tumor. This tumor may remain confined within the organ's structural limits. However at time, the cells break off from the tumor and start invading adjacent organs or travel to the distant organs of the body. This abnormal and uncontrolled growth of cells and their ability to invade other body parts are characteristic features of a cancerous or malignant tumor. Type of the cancer is determined by the cells and the organ from where it was originated. In contrast to cancers, non-cancerous or benign tumors can also grow large, but they neither invade surrounding structures nor have potential for spread to the distant parts of the body.

Childhood cancers generally differ from adult cancers regarding their potential for curability. According to most recent world-wide estimates, more than 250,000 children are annually diagnosed with cancer and about 90,000 of those die from their disease. This number is staggering realizing the fact that 70% of all childhood cancers are curable. In developed world, some childhood cancers have achieved upto 95% cure rates due to modern diagnostic and therapeutic facilities. An estimated 80% of childhood cancer patients are living in developing countries. Unluckily the outcome of most of these cancers is very poor in resource limited settings. Delayed presentation or referral is a major factor which converts a large number of potentially curable cancers into incurable disease. Other major obstacles in cancer treatment in developing countries include lack of public awareness about cancer, low index of suspicion for cancer by treating physicians, non-availability of medicines, high cost of treatment, lack of trained professionals, very few dedicated cancer centres/wards and unsatisfactory supportive care facilities.

Despite the availability of state of the art multi-disciplinary treatment facilities at Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH) Lahore, we encounter a lot of challenges in treating childhood cancers presenting in advanced stages. On the other hand, cancers detected and referred earlier have better chances of complete cure. It is proven fact that lives of several kids with cancer can be saved through public awareness campaigns. The world's

(Public awareness message)

Dr. Muhammad Saghir Khan

Pediatric Oncologist, ShaukatKhanum Memorial Cancer Hospital and Research Centre Lahore

General Secretary, Pakistan Society of Pediatric Oncology

leading stakeholder for childhood cancers, International Society of Pediatric Oncology (SIOP), advocates that if a child has following symptoms, he must be referred for further evaluation:

1. Pale appearing child, with bruising or bleeding and/or general bone pains.



2. Appearance of a lump or swelling in any part of the body, which persists without pain, fever or other signs of infection.
3. Unexplained weight loss, fever and/or sweating at night.
4. Apparent changes in eye, for example white pupil, new onset squint, loss of vision, bruising or swelling around one or both eyes.
5. Abdominal mass or distension.
6. Persistent severe headache, especially during early morning hours and associated with vomiting.
7. Appearance of a painless lump.

Electronic and print media can play instrumental role in conveying this useful awareness message to the masses. At the same time, it is extremely pertinent to better educate

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Dr Misbahul Aziz's visits

PIMA President Dr. Misbahul Aziz visited different cities regarding upcoming Biennial International Convention. He invited the doctors to attend the convention. He visited Bhimber, Mirpur and Muzaffarabad on 21st March accompanied by PIMA AJK President Dr.



Muhammad Farooq Kiani and highlighted the relief activities and working of central projects of PIMA. At Rawalpindi, he focused upon the International convention and invited the doctors to participate in this event. He also presided the meeting of convention organizing committee. Meanwhile PIMA President accompanied by PIMA KPK President Dr. Kamran Hassan and GS Dr. Fakhra-e-Alam visited Peshawar, Kohat and Bannu in February.

From Page 08, Childhood Cancer is curable

health care providers about early symptoms and signs of childhood cancers. They should be familiar with approach to diagnose cancers with the relevant laboratory tests and immediate care to stabilize the patient before referral to the cancer centre. Professional medical organizations like PIMA can contribute a lot in this context. Improvement in infra-structure, expansion of already existing services and establishment of new cancer centres by the state would be of paramount importance. As health care professionals, let us pledge to make efforts for elimination of factors responsible for the delay in diagnosing childhood cancers and hence prove the fact that most childhood cancers are curable.

Ready For Relief: a seminar on disaster relief preparedness

Disaster Management Cell of PIMA arranged a seminar on disaster relief preparedness for PIMA unit presidents from Sindh & Baluchistan on 23rd February. The purpose of the seminar was to discuss a strategy to develop a constant state of preparedness and capacity building for Disaster Relief Management.



Seerat Conferences Kandhkot

PIMA Kandhkot held a Seerat-un-Nabi (ﷺ) Conference at Hira Public School No. 2 on 31st January 2014. More than 45 doctors and paramedics attended the program. The speaker was Dr. Muhammad Hashim Qureshi, renowned scholar from Jacobabad. The chief guest was Dr. Abdul Aziz Memon, Vice President PIMA Sindh who presented a brief introduction of PIMA.



Jacobabad

PIMA Jacobabad organized a seerat-un-Nabi (ﷺ) program at Hassan Medical Centre on 27th January 2014. Around 40 doctors and paramedics participated in the program. Dr Muhammad Hashim Qureshi and Mr. Muhammad Hanif Khoso were the guest speakers who enlightened different aspects of the Prophet's life. Dr Abdul Rasheed Memon was the moderator.

Shikarpur

PIMA Shikarpur arranged a Seerat-un-Nabi (ﷺ) program on 12 Rabiul Awal at PIMA House Shikarpur. 24 Doctors and others participated. Mr. Qari Nisar Ahmed and Prof. Nizamuddin Memon were guest speakers.

Inauguration of PIMA Diabetic Clinic at Sukkur

After Shikarpur, PIMA started Diabetic clinic in Sukkur. Clinic was inaugurated on 10th January. Dr Zaheer Umer addressed on Seerat-un-Nabi and Haqooq-ul-Ibaad. Dr Abdul Aziz Memon talked on goal and objectives of clinic. A Lecture was delivered on Basics and update of Diabetes.



2254 Free Eye Surgeries performed in Nigeria



PIMA doctors performed 2254 eye surgeries in Nigeria in four free eye camps in during December to January in collaboration of FIMA Save Vision (FSV), Islamic Medical Association of Nigeria (IMAN) and I-CWYI Nigeria.

Dawah-o-Tarbiat

PIMA is striving for self-improvement and personal development through direct understanding of meanings of Qur'an and organize a collective effort to develop a commitment to live in accordance with the Qur'an and the Sunnah. Ethical training, Character building, Personality Development programs in light of Quran and Sunnah for doctors are organized at almost all units throughout the country.

- Quran Fehmi Courses are being organized on 60 places.
- 22 ethical training workshops were held.
- 100 Ramadan programs were held i.e. Istaqbal-e-Ramadan, Shab-Bedari and Aftaar Parties.
- 29 seerat conferences were held.
- 6 receptions in the honor of Hujjaj doctors held.
- 55 general sessions for doctors held.



Free Medical Camps

PIMA organizes free medical and specialist camps for the needy people in remote areas throughout the country on regular basis. Total 177 camps were arranged all over the country during the session 2012-14. The detail report is given below.

| | Punjab | Khyber PK | Sindh | Baluchistan | Azad Kashmir |
|----------|--------|-----------|-------|-------------|--------------|
| Camps | 24 | 5 | 132 | 4 | 12 |
| Doctors | 84 | 11 | 112 | 9 | 15 |
| Patients | 8516 | 500 | 13520 | 500 | 800 |

From Page 02, Editorial

forms of all these fields. Unfortunately with the decline of political Islam, Muslims lost their leading role of research in various fields as well.

We being the doctors and PIMA members aim to serve the ailing humanity irrespective of the colour, race, cast or religion. We also avail this opportunity to spread our message i.e. the message of Islam. If we are well versed with our professional knowledge and patients get benefit from this, they are more likely to pay attention to everything we say including our talk on moral values and

Islam. If because of our poor professional knowledge and skills any patient suffers any loss, he or she is not going to pay attention to anything else we say. That is one of the reasons PIMA stresses upon the professional development of its members along with character building. We regularly hold various CME programmes for this purpose and a major portion of our conventions comprises of scientific sessions. Professional excellence remains a basic requirement in fulfilling our purpose of 'Service to Mankind' in order to ultimately achieve the pleasure of Almighty Allah (swt).

From Page 01, Islamabad to host Central

2000. The sweet memories of these conventions are still fresh in doctors' memory.

Over one hundred speakers from Pakistan and abroad representing all

medical specialties shall be present. World renowned celebrities are participating in this convention. Thematic talk, workshops, and 32 hours packed scientific sessions are awaiting us. This is a one must event for all doctors.

Dengue Relief Swat

PIMA members provided free consultation to dengue patients in Swat. 5200 patients were seen in Govt. Hospital. In private set up 125 patients were seen by Dr Rahmatullah Opal and 2700 patients were seen by Dr Abdul Wasy. 265 dengue patients were admitted in Shifa Hospital where PIMA members provided them free consultation.

Continuous Medical Education (CME)

PIMA organized 120 CME seminars, lectures and conferences during the session 2012-14 throughout the country. PIMA has been conscious about continuous medical education to keep its members and medical community aware about the latest medical knowledge and research. These programs were held in Punjab, Sindh, KPK, AJK and Baluchistan with the number of 53, 37, 2, 24 and 4 respectively.

POB performed 13,450 eye surgeries during 2012-14

Prevention of Blindness (POB) Trust, a project of PIMA performed 13,450 eye surgeries during the session 2012-14. POB's volunteer doctors attended 85 free eye camps held in the country and abroad. Total 103,167 eye patients were examined free of cost. POB Trust was established in July, 2007 as a leading volunteer eye care organization with the sole mission of preventing blindness and preserving sight. Since its foundation POB has organized 494 free eye camps in which 1,000,502 patients have been examined and 100,621 surgeries performed. POB has also been working on different international projects like Gaza Palestine Training Workshops in 2013, Somaliland Diploma Program and School Eye Care Program.



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Medical Symposium by PIMA Shikarpur

PIMA Shikarpur arranged 1st Medical Symposium at Shikarpur Gymkhana on 5th February 2014. This symposium was the Biggest ever in the history of Shikarpur. More than about 142 doctors were present in this symposium. District Health officer Shikarpur was the chief guest. Doctors from Sukkur, Jacobabad, Kandhkot and Larkana also attended the symposium. The program started with the recitation of the Holy Quran and translation by Dr Mohammad Nawaz Mahar. Dr Azhar Ali Soomro, President PIMA Shikarpur delivered welcome address and presented a brief



report on activities of PIMA Shikarpur. Dr Abdul Majeed Memon, Ex-provincial PIMA president presented the brief introduction of PIMA. In scientific session, Dr Altaf Ahmed Shaikh, Dr Saleh

Mohammad Channa and Dr Saeed Ahmed Sangi addressed on Diagnosis and

management of Diabetes Mellitus, Complications of Diabetes Mellitus & treatment and Hypertension respectively. Vote of Thanks was presented by Dr. Abdullah Khilji.



Reception to Haji Doctors at Sialkot

PIMA Sialkot unit is maintaining a tradition of hosting a dinner every year in the honor of doctors from Sialkot who perform Haj. This time it was arranged in December 2013. The total attendance was about 65 persons.

From Page 01, PIMA Medical Relief.....Tharparker emergency services.

Services Details as follow:

Camps: 2
Doctors: 4
Paramedical Staff: 5
Patients: 600
Hemoglobin Test: 110
Blood Sugar: 60
Iron Supplements Provided to Pregnant Women: 81
Peads patients mostly with chest infection: 180

New PIMA Publications

For contact: Dr Maqbool Ahmed Shahid
Incharge PIMA Publications
28/A, Alpha Society, Canal Road, Lahore.
Ph: 0300-4501600, 042-35293624



PIMA Sindh President Visits

President PIMA Sindh Dr Abdul Qadir Somro visited Mirpur khas, Tando Allahyar and Hyderabad on 19 January 2014. In Mirpur khas, 12 doctors attended the meeting. In Tando Allahyar, 9 doctors attended the program. In Hyderabad, 40 doctors attended Seerat-un-Nabi (ﷺ) conference.

FOR DONATION:

PIMA

Account # 0100562825

Branch Code 0308

Meezan Bank Ltd. F-8 Markaz, Islamabad

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From Page 01, Two Days Training Workshop

speakers included Mr. Abdul Gaffar Aziz, Mr. Hafiz Muhammad Idrees, Mr. Khilil ur Rehman Chishti, Prof. Ishtiaq Ahmed Gondal and Dr Ahmed Khan. A group discussion on organizational

competence parameters of success was also held conducted by Prof Hafiz Ijaz Ahmed. Prof Sohail Akhtar was the moderator. Central PIMA President Dr Misbahul Aziz delivered the concluding remarks.