



PROGRESS REPORT

PAKISTAN ISLAMIC MEDICAL
ASSOCIATION

Relief in Sindh 2011-12



AN INTRODUCTION

Pakistan Islamic Medical association (PIMA) is non-profit and non-governmental registered organization of Muslim doctors in Pakistan, founded in 1979 with the mission of

"we seek pleasure through character building and service to mankind"

PIMA is dedicated to providing solutions to the problems of people during natural disasters and other calamities especially in medical field nationally or internationally. PIMA provides not only the health care to affected people but also nutrition project and health education through hygiene promotion activities.

FLOOD RELIEF ACTIVITY 2011-2012

Heavy and continuous rains during monsoon season from July to September 2011 hit the lower and central Sindh. Majority of houses and cultivating land were under the water, as a result majority of population has migrated to Schools, tents and their relatives in other areas. Following Districts were badly affected. Mirpurkhas, Badin, Umerkot, Nawab shah, NaushahroFeroz, Dadu, Khairpur.

Medical Relief activity has started from August 2011 in Tahsil Digri, Tando Jan Muhammad and Naukot of District Mirpurkhas. PIMA Mirpurkhas took initiative to start the relief work in Jhudo by Dr Shamshad Ali Khan with the collaboration of Al-Khidmat Jhudho.

On 24th August 2011 a need assessment visit by Dr Abdul Majeed Memon, acting President PIMA Sindh and Dr Abdullah khilji, Incharge PIMA Relief Sindh, as heavy rain affected the people of the area, meeting held at the clinic of Dr. Shamshad Ali Khan after Isha prayer. Dr. Abdul Majeed Memon & Dr Abdullah Khilji, Dr Shamshad khan, Dr Anwar Memon and Dr Tariq Arain participated in the meeting, decided to work in organized way and more clinics may be started to give medical cover to the affected communities in Mirpurkhas, Dighri, Matli and Tando Jan Muhammad. Al-Khidmat provides logistic Support in Jhudho while one ambulance of PIMA was kept for Digri & Mirpurkhas. The relieve work was started with volunteers, Dr Abdul Malik Shaikh, Dr. Muhammad Tariq Arain & Dr Parveen Tariq with 3 Paramedic Muhammad Asif , Hassan Ali , Moiz Tariq.

But the Disaster was so huge and these four clinics were not sufficient to provide medical cover to heavily displaced people. To cope with condition, Dr Abdul Aziz Memon President PIMA SINDH had arranged a PIMA relief meeting in Mirpurkhas on 25th September 2011. Dr Abdullah Khilji, Dr Kashif Shazli, Dr Rao Naeem, Dr Shayan Shadmani, Dr Tarique Arain from PIMA, Dr Saeed Akhtar from PKI & IMANA, Dr Darya khan Khaskhali President PMA Mirpurkhas, Mr Sayed Talat Hussain from Dawn News and Mr Rafique Ahmed president Pharmaceutical association Mirpurkhas were the participants of meeting. Need assessment and future plan were discussed in the meeting and following needs were identified

- Drainage of rain water from DHQ Mirpurkhas by contacting and influencing local responsible authorities.
- Urgent installation of water filtration plants.
- Urgent development of more mobile Clinics for uncovered areas.
- Provision of human resources, availabilities of Medics and Paramedics.
- Availabilities of required drugs.
- Availabilities of blankets for upcoming winter.
- Provision of mosquito nets and Mosquito repellants
- DrsaeedAkhtar Has committed to raise funds for current activities.

On next morning (26th September 2011), a meeting of PIMA relief committee was held and committee has planned following activities

- Four more mobile clinics will be established in Mirpurkhas, Naukot, TandoBhago and Umerkot.
- Dr Shayan took responsibilities to provide at least 4 doctors and 4 paramedics.
- 3-4 ambulances (4/4) for working in 3-4 feet stagnant water.

Safe drinking water was a main issue in the rain affected areas, Dr. Saeed Akhter respond quickly on the plat form of PKI announced mobile filter plants to provide safe drinking water after the use of Aqua tab . One filter plant is installed in villages Muhammad Usman Balouchu. Union council Paban Tahsil Digri, where about 200 People are receiving safe drinking water.

On 4th December during meeting of Pima Relief at Mirpurkhas, Dr. Tariq Arain & Dr. Shamshad Ali Khan has briefed about the present local situation and it has decided that four clinics working in District Mirpurkhas will be closed on 15th December 2011. While other two Mobile clinics in Tando bhago & Umerkot may be continued for two months (upto 25th February 2012) due to worst situation. Now both clinics have closed after meeting at Mirpurkhas.

MOBILE & STATIC CLINICS

Static Clinics: Jhudo, Tandobago

Mobile Clinics: Jhudo, Naukot, KotGhulam Muhammad, Tando Jan Muhammad, Matli, Mirpurkhas, Dighri, Umerkot

NUMBER OF MEDICS AND PARAMEDIC WERE INVOLVED

Number of Medics:	33
Volunteer:	25
Paid:	08
Paramedics:	27
Volunteer:	9
Paid:	18

VEHICLES USED DURING MEDICAL RELIEF ACTIVITY

- Three Ambulances from PIMA
- One Ambulance from AMAN Foundation
- One Ambulance from Shifa Foundation
- One Vehicle from Al Khidmat foundation
- One Vehicle (Rented)

NGOS COLLABORATED WITH PIMA DURING MEDICAL RELIEF ACTIVITY

1. Al Khidmat Foundation
2. PKI & IMANA
3. PMA
4. Mercy Malaysia
5. AMAN foundation

OTHER ACTIVITIES

- Health education sessions in various tent cities
- Circumcision camp at Tando Bago (35 children)
- Distribution of 300 water coolers
- Distribution of 100 Burners
- Distribution of 1000 Eid Gifts in the tents (Juice, Snakes, Toffees and biscuits)
- Distribution of 1500 Hygiene kits in Districts Badin and Mirpurkhas
- Vaccination for Typhoid Fever to children
- Struggle to evacuate stagnant water from Civil Hospital Mirpurkhas
- Water Purification Plant
- Distribution of 20000 Aquatabs

BASE CAMP

Dr. Tariq Arain Has declared his Building at chandni chowk, Mirpurkhas as Base Camp for relief activities of PIMA. PKI has started a kitchen in Base camp.

VISITS

- Dr Shafqat Javed
- Dr Abdul aziz Memon
- Dr Aziz zia
- Dr Muhammad sharif
- Dr Kashif Shazli
- Dr Shayan shadmani
- Dr Rao Naeem
- Dr Khalid Mushtaque
- Dr Abdullah Khilji
- Dr Muhammad muqeem soomro
- Dr Saeed Akhtar
- Dr Athar Khuwaja
- Dr EjazulHaq
- Mr Talat Hussain
- Mr Abdul Rauf

OPD

Total patients treated in rain affected area of three districts are: **86014**

MERCY MALAYSIA

A five member delegate from mercy Malaysia has visited the rain affected area (Need assessment visit). They have visited PIMA base camp, both PIMA relief clinics at Tnado bago and Umerkot and identified the need of mobile as well as static clinics in these areas. They have decided to run three mobile and one static clinics. They also decided to distribute 1000 Hygiene kits.

DISEASE PATTERN

- Acute Respiratory Diseases
- Scabies
- Malaria
- Diarrhea & Dysentery
- Eye Infections

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CLINIC WISE PATIENT'S DISTRIBUTION

City	MALE					FEMALE					Grand Total
	<1 year	1 to 4 years	5 to 14 years	15 to 44 years	45 +	<1 year	1 to 4 years	5 to 14 years	15 to 44 years	45 +	
Mirpurkhas	392	1092	1884	1719	1193	545	1369	2139	2459	1023	13815
Jhudo	1011	2066	4052	3710	1994	1100	2795	4158	4700	2084	27670
KGMohammd	103	280	399	372	195	97	439	477	345	192	2899
Naukot	203	873	1020	950	784	200	858	1030	1267	893	8078
Tando Bagho	319	1473	1612	1214	1277	318	1684	1680	1901	1871	13349
Umerkot	513	1746	2320	1759	1526	491	2050	2090	1979	1994	16468
TJMohammad	23	62	289	281	11	37	84	432	573	73	1865
Matli	76	218	172	316	65	97	259	258	322	87	1870
TOTAL	2640	7810	11748	10321	7045	2885	9538	12264	13546	8217	86014

AGE AND GENDER WISE DISTRIBUTION OF PATIENTS

AGE WISE	Male	Female	Total
0-11 M	2640	2885	5525
1-4 Y	7810	9538	17348
5-14 Y	11748	12264	24012
15-44 Y	10321	13546	23867
45 AND ABOVE	7045	8217	15262
TOTAL	39564	46450	86014

DISEASE PATTERN, UNDER 5 YEARS AND 5 YEARS AND ABOVE

Name of Disease	< 5 Years	> 5 Years	Total	%
AWD/ Suspected Cholera	0	0	0	0
Bloody Diarrhea	322	624	946	1.1
Other Acute Diarrheas	2178	2277	4455	6.5
Acute Upper Respiratory Infection	4952	7511	12463	14.3
Acute Lower Respiratory Infection	2011	5034	7045	8.1
Suspected Malaria	2634	5219	7853	9.1
Suspected Measles	3	0	3	0.0
Suspected Meningitis	0	0	0	0.0
Acute Jaundice Syndrome	14	29	43	0.05
Acute Flaccid Paralysis	0	0	0	0.0
Suspected Haemorrhagic Fever	0	0	0	0.0
Unexplained fever > 38.5 C	3786	4635	8421	9.7
Skin Disease	4592	7450	12042	14.0
Snake Bite	1	8	9	0.0
Eye Infection	692	1286	1978	2.3
Others	10266	20490	30756	34.8
TOTAL	31451	54563	86014	

DISASTER IN RAIN AFFECTED AREA



VISITORS GALLERY



MERCY MALAYSIA VISIT



DISTRIBUTION OF HYEGIENE KITS



DISTRIBUTION OF EID GIFTS IN CHILDREN IN TENT CITIES



CLINICS



AMBULANCES



WATER PURIFICATION PLANT



Your
Donation
today
Can save someone's life

Bank Accounts Information

Pakistan Islamic Medical Association

Account # 0100562825

Branch Code 0308

Meezan Bank Ltd. F-8 Markaz Islamabad

PIMA (Dollar Account)

Account # 0014-9

Swift Code: MUCBPKKA

MCB Bank, Jinnah Super Market

F-7 Markaz. Branch (1160) Islamabad

Pakistan Islamic Medical Association

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